

BRFSS Detailed Summary Table for Central District Health Department Adults 18 and Older, 2011-2020

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>a</sup>
	Central District		State of NE			Central District		State of NE			Central District		State of NE			
	n <sup>a</sup>	mean or % <sup>b</sup> (95% C.I. <sup>c</sup> )	n <sup>a</sup>	mean or % <sup>b</sup> (95% C.I. <sup>c</sup> )	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup> (95% C.I. <sup>c</sup> )	n <sup>a</sup>	mean or % <sup>b</sup> (95% C.I. <sup>c</sup> )	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup> (95% C.I. <sup>c</sup> )	n <sup>a</sup>	mean or % <sup>b</sup> (95% C.I. <sup>c</sup> )	Sig <sup>d</sup>	
<b>General Health Status</b>																
General health fair or poor																
2011	1,018	18.8% (15.9 - 22.0)	25,347	14.3% (13.7 - 14.9)	+	422	19.3% (15.0 - 24.4)	10,198	14.8% (13.9 - 15.7)	NS	596	18.3% (14.8 - 22.5)	15,149	13.9% (13.1 - 14.7)	+	No
2012	747	14.7% (11.7 - 18.3)	19,132	14.4% (13.7 - 15.2)	NS	317	16.5% (12.2 - 21.9)	7,855	14.6% (13.5 - 15.7)	NS	430	12.9% (9.0 - 18.1)	11,277	14.3% (13.4 - 15.2)	NS	No
2013	698	19.1% (15.5 - 23.3)	17,106	13.9% (13.1 - 14.8)	+	290	20.2% (14.9 - 26.8)	6,963	13.4% (12.2 - 14.7)	+	408	18.1% (13.6 - 23.7)	10,143	14.4% (13.3 - 15.6)	NS	No
2014	917	20.4% (16.8 - 24.6)	22,370	13.2% (12.5 - 13.9)	+	371	24.1% (18.3 - 30.9)	9,585	13.5% (12.4 - 14.5)	+	546	16.8% (12.8 - 21.8)	12,785	12.9% (12.0 - 13.8)	NS	No
2015	671	17.6% (13.9 - 22.1)	17,539	13.9% (13.1 - 14.8)	NS	277	15.7% (10.8 - 22.2)	7,564	13.7% (12.5 - 14.9)	NS	394	19.6% (14.4 - 26.0)	9,975	14.2% (13.1 - 15.3)	NS	No
2016	636	13.5% (10.5 - 17.2)	15,166	14.7% (13.8 - 15.6)	NS	261	11.5% (7.6 - 17.1)	6,633	13.8% (12.6 - 15.1)	NS	375	15.4% (11.3 - 20.8)	8,533	15.5% (14.3 - 16.8)	NS	No
2017	681	20.4% (16.7 - 24.6)	15,331	14.9% (14.1 - 15.8)	+	303	22.5% (16.9 - 29.3)	6,956	14.1% (13.0 - 15.3)	+	378	18.3% (14.0 - 23.6)	8,368	15.8% (14.6 - 17.0)	NS	No
2018	638	16.0% (12.8 - 19.8)	14,611	14.5% (13.7 - 15.4)	NS	256	19.5% (14.3 - 26.0)	6,550	13.8% (12.7 - 15.1)	NS	381	12.6% (9.3 - 16.9)	8,047	15.2% (14.0 - 16.4)	NS	No
2019	716	15.3% (12.3 - 18.7)	15,843	14.6% (13.8 - 15.3)	NS	288	12.7% (9.1 - 17.5)	7,139	13.7% (12.7 - 14.8)	NS	428	17.8% (13.6 - 22.9)	8,704	15.4% (14.3 - 16.5)	NS	No
2020	646	11.5% (9.0 - 14.5)	14,768	10.8% (10.1 - 11.5)	NS	303	7.6% (4.9 - 11.7)	6,796	10.3% (9.3 - 11.4)	NS	343	15.3% (11.5 - 20.2)	7,972	11.3% (10.3 - 12.4)	NS	No
<b>Average number of days physical health was not good in past 30 days</b>																
2011	988	3.5 (2.9 - 4.0)	24,901	3.2 (3.0 - 3.3)	NS	415	3.1 (2.2 - 3.9)	10,067	2.9 (2.7 - 3.1)	NS	573	3.8 (3.1 - 4.6)	14,834	3.4 (3.2 - 3.6)	NS	No
2012	737	2.8 (2.3 - 3.4)	18,819	3.2 (3.1 - 3.4)	NS	313	2.4 (1.7 - 3.2)	7,759	2.9 (2.7 - 3.1)	NS	424	3.2 (2.5 - 4.0)	11,060	3.6 (3.4 - 3.8)	NS	No
2013	683	3.5 (2.8 - 4.3)	16,808	3.1 (2.9 - 3.3)	NS	288	3.6 (2.5 - 4.8)	6,877	2.8 (2.5 - 3.0)	NS	395	3.4 (2.6 - 4.3)	9,931	3.4 (3.2 - 3.7)	NS	No
2014	903	3.4 (2.7 - 4.1)	22,024	3.0 (2.9 - 3.1)	NS	369	3.5 (2.5 - 4.6)	9,464	2.8 (2.6 - 3.0)	NS	534	3.2 (2.4 - 4.1)	12,560	3.2 (3.0 - 3.4)	NS	No
2015	660	3.8 (2.9 - 4.6)	17,315	3.1 (3.0 - 3.3)	NS	272	3.0 (1.8 - 4.1)	7,476	2.8 (2.6 - 3.0)	NS	388	4.5 (3.2 - 5.8)	9,839	3.5 (3.3 - 3.7)	NS	No
2016	624	2.7 (2.1 - 3.2)	14,984	3.3 (3.1 - 3.5)	NS	256	2.6 (1.8 - 3.5)	6,561	2.9 (2.6 - 3.1)	NS	368	2.7 (2.0 - 3.5)	8,423	3.7 (3.4 - 4.0)	NS	No
2017	669	3.5 (2.9 - 4.2)	15,127	3.3 (3.2 - 3.5)	NS	297	3.5 (2.5 - 4.5)	6,876	2.9 (2.7 - 3.2)	NS	372	3.6 (2.7 - 4.4)	8,244	3.7 (3.5 - 4.0)	NS	No
2018	629	3.0 (2.3 - 3.7)	14,442	3.4 (3.2 - 3.6)	NS	251	3.1 (2.0 - 4.3)	6,481	3.0 (2.7 - 3.2)	NS	377	2.9 (2.2 - 3.5)	7,951	3.7 (3.5 - 4.0)	NS	No
2019	707	3.9 (3.2 - 4.6)	15,672	3.4 (3.3 - 3.6)	NS	285	3.1 (2.0 - 4.1)	7,069	3.1 (2.8 - 3.3)	NS	422	4.7 (3.7 - 5.6)	8,603	3.8 (3.6 - 4.0)	NS	No
2020	638	2.2 (1.7 - 2.8)	14,597	2.6 (2.4 - 2.7)	NS	301	1.6 (0.8 - 2.4)	6,716	2.6 (2.3 - 2.8)	NS	337	2.9 (2.1 - 3.7)	7,881	2.6 (2.4 - 2.8)	NS	No
<b>Physical health was not good on 14 or more of the past 30 days</b>																
2011	988	11.0% (8.9 - 13.6)	24,901	9.6% (9.1 - 10.1)	NS	415	9.1% (6.4 - 12.8)	10,067	9.0% (8.3 - 9.8)	NS	573	12.9% (9.9 - 16.8)	14,834	10.1% (9.4 - 10.8)	NS	No
2012	737	8.1% (6.2 - 10.5)	18,819	9.8% (9.2 - 10.4)	NS	313	6.7% (4.5 - 10.0)	7,759	8.6% (7.8 - 9.5)	NS	424	9.4% (6.7 - 13.1)	11,060	11.0% (10.1 - 11.8)	NS	No
2013	683	10.7% (8.0 - 14.3)	16,808	9.2% (8.5 - 9.9)	NS	288	12.0% (7.7 - 18.4)	6,877	7.9% (7.0 - 8.9)	NS	395	9.4% (6.6 - 13.3)	9,931	10.4% (9.4 - 11.5)	NS	No
2014	903	10.1% (7.7 - 13.2)	22,024	9.0% (8.4 - 9.6)	NS	369	11.4% (7.6 - 16.8)	9,464	8.3% (7.4 - 9.1)	NS	534	8.8% (6.3 - 12.2)	12,560	9.7% (9.0 - 10.5)	NS	No
2015	660	10.6% (7.7 - 14.6)	17,315	9.6% (9.0 - 10.3)	NS	272	8.8% (4.9 - 15.3)	7,476	8.6% (7.7 - 9.6)	NS	388	12.4% (8.4 - 17.9)	9,839	10.7% (9.8 - 11.6)	NS	No
2016	624	8.1% (5.9 - 11.0)	14,984	9.8% (9.1 - 10.6)	NS	256	7.8% (4.8 - 12.3)	6,561	8.4% (7.4 - 9.4)	NS	368	8.4% (5.6 - 12.5)	8,423	11.2% (10.2 - 12.3)	NS	No
2017	669	11.1% (8.6 - 14.3)	15,127	10.3% (9.6 - 11.1)	NS	297	11.8% (8.2 - 16.8)	6,876	8.8% (7.9 - 9.8)	NS	372	10.4% (7.3 - 14.7)	8,244	11.8% (10.8 - 13.0)	NS	No
2018	629	8.3% (6.2 - 11.0)	14,442	10.2% (9.5 - 11.0)	NS	251	8.3% (5.1 - 13.2)	6,481	8.7% (7.7 - 9.7)	NS	377	8.2% (5.9 - 11.4)	7,951	11.8% (10.8 - 12.9)	NS	No
2019	707	11.5% (9.1 - 14.5)	15,672	10.4% (9.8 - 11.1)	NS	285	9.0% (5.8 - 13.8)	7,069	9.2% (8.3 - 10.2)	NS	422	14.0% (10.7 - 18.2)	8,603	11.6% (10.7 - 12.6)	NS	No
2020	638	7.6% (5.5 - 10.3)	14,597	7.9% (7.3 - 8.6)	NS	301	5.2% (2.9 - 8.9)	6,716	7.8% (6.9 - 8.7)	NS	337	10.1% (6.8 - 14.6)	7,881	8.1% (7.3 - 9.0)	NS	No
<b>Average number of days mental health was not good in past 30 days</b>																
2011	999	3.7 (3.1 - 4.4)	25,036	3.1 (2.9 - 3.2)	NS	418	3.1 (2.3 - 4.0)	10,097	2.5 (2.3 - 2.7)	NS	581	4.4 (3.5 - 5.2)	14,939	3.6 (3.4 - 3.8)	NS	No
2012	742	2.3 (1.8 - 2.8)	18,935	3.0 (2.9 - 3.2)	-	315	1.9 (1.2 - 2.5)	7,786	2.6 (2.4 - 2.8)	NS	427	2.7 (2.0 - 3.4)	11,149	3.5 (3.3 - 3.7)	NS	No
2013	688	4.0 (3.1 - 5.0)	16,889	3.0 (2.8 - 3.1)	+	286	3.5 (2.1 - 4.8)	6,889	2.3 (2.1 - 2.6)	NS	402	4.6 (3.4 - 5.8)	10,000	3.5 (3.3 - 3.8)	NS	No
2014	911	2.3 (1.8 - 2.8)	22,132	2.8 (2.6 - 2.9)	NS	370	1.6 (1.0 - 2.3)	9,483	2.3 (2.1 - 2.5)	NS	541	2.9 (2.2 - 3.7)	12,649	3.3 (3.1 - 3.5)	NS	No
2015	666	3.2 (2.4 - 3.9)	17,369	2.9 (2.7 - 3.1)	NS	275	2.2 (1.2 - 3.2)	7,491	2.3 (2.1 - 2.6)	NS	391	4.1 (3.0 - 5.2)	9,878	3.5 (3.2 - 3.7)	NS	No
2016	628	2.4 (1.7 - 3.1)	15,035	3.2 (3.0 - 3.4)	NS	257	1.9 (0.8 - 3.1)	6,568	2.4 (2.1 - 2.6)	NS	371	2.9 (2.0 - 3.8)	8,467	4.0 (3.6 - 4.3)	NS	No
2017	672	3.3 (2.7 - 4.0)	15,179	3.4 (3.3 - 3.6)	NS	299	2.7 (1.8 - 3.6)	6,894	2.7 (2.4 - 2.9)	NS	373	4.0 (3.0 - 5.0)	8,278	4.2 (3.9 - 4.5)	NS	No
2018	633	3.7 (2.9 - 4.4)	14,490	3.6 (3.4 - 3.8)	NS	254	2.9 (1.9 - 3.9)	6,498	2.9 (2.7 - 3.2)	NS	378	4.4 (3.4 - 5.5)	7,979	4.2 (3.9 - 4.5)	NS	No
2019	707	3.7 (3.0 - 4.4)	15,699	3.7 (3.5 - 3.9)	NS	286	2.8 (1.8 - 3.8)	7,076	2.9 (2.7 - 3.2)	NS	421	4.6 (3.6 - 5.6)	8,623	4.5 (4.2 - 4.8)	NS	No
2020	645	4.0 (3.2 - 4.9)	14,624	3.8 (3.6 - 4.0)	NS	303	2.8 (1.7 - 3.8)	6,735	3.0 (2.8 - 3.3)	NS	342	5.3 (4.1 - 6.6)	7,889	4.6 (4.3 - 4.9)	NS	Yes
<b>Mental health was not good on 14 or more of the past 30 days (i.e., frequent mental distress)</b>																
2011	999	12.4% (10.0 - 15.3)	25,036	9.2% (8.7 - 9.7)	+	418	11.2% (7.9 - 15.6)	10,097	7.7% (7.0 - 8.4)	NS	581	13.7% (10.5 - 17.7)	14,939	10.7% (9.9 - 11.5)	NS	No
2012	742	6.2% (4.5 - 8.5)	18,935	9.0% (8.4 - 9.7)	NS	315	4.3% (2.5 - 7.5)	7,786	7.4% (6.6 - 8.3)	NS	427	8.1% (5.4 - 11.8)	11,149	10.6% (9.7 - 11.5)	NS	No
2013	688	12.1% (9.0 - 15.9)	16,889	8.9% (8.2 - 9.6)	NS	286	10.3% (6.3 - 16.4)	6,889	6.8% (5.9 - 7.9)	NS	402	13.8% (9.7 - 19.2)	10,000	10.9% (9.8 - 12.0)	NS	No
2014	911	6.6% (4.7 - 9.0)	22,132	8.2% (7.6 - 8.8)	NS	370	4.5%* (2.5 - 8.1)	9,483	6.4% (5.6 - 7.3)	NS	541	8.6% (5.9 - 12.3)	12,649	9.9% (9.0 - 10.8)	NS	No
2015	666	10.4% (7.7 - 14.0)	17,369	8.9% (8.2 - 9.6)	NS	275	7.8% (4.3 - 13.7)	7,491	6.9% (6.0 - 7.9)	NS	391	13.1% (9.3 - 18.2)	9,878	10.8% (9.8 - 11.9)	NS	No
2016	628	7.2% (5.0 - 10.4)	15,035	9.5% (8.7 - 10.4)	NS	257	6.1%* (3.1 - 11.5)	6,568	7.0% (6.0 - 8.1)	NS	371	8.4% (5.5 - 12.7)	8,467	12.0% (10.8 - 13.3)	NS	No
2017	672	11.0% (8.3 - 14.6)	15,179	10.5% (9.7 - 11.4)	NS	299	9.7% (5.9 - 15.7)	6,894	7.6% (6.7 - 8.6)	NS	373	12.3% (8.8 - 16.9)	8,278	13.4% (12.2 - 14.7)	NS	No
2018	633	12.0% (9.1 - 15.6)	14,490	11.2% (10.4 - 12.1)	NS	254	9.9% (6.1 - 15.8)	6,498	9.2% (8.1 - 10.4)	NS	378	14.0% (10.2 - 19.0)	7,979	13.2% (12.0 - 14.5)	NS	No
2019	707	10.8% (8.3 - 14.0)	15,699	11.3% (10.5 - 12.1)	NS	286	8.3% (5.4 - 12.6)	7,076	8.6% (7.7 - 9.6)	NS	421	13.4% (9.6 - 18.2)	8,623	13.9% (12.7 - 15.1)	NS	No
2020	645	12.7% (9.7 - 16.3)	14,624	11.9% (11.1 - 12.8)	NS	303	8.5% (5.4 - 13.3)	6,735	9.1% (8.1 - 10.3)	NS	342	16.9% (12.3 - 22.6)	7,889	14.6% (13.3 - 15.9)	NS	No





Indicators	Overall							Men							Women							LHD Gender Diff. <sup>e</sup>			
	Central District			State of NE			Sig <sup>d</sup>	Central District			State of NE			Sig <sup>d</sup>	Central District			State of NE			Sig <sup>d</sup>				
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)					
Ever told they have coronary heart disease																									
2011	1,002	4.4%	(3.2 - 5.8)	25,121	3.9%	(3.6 - 4.2)	NS	415	5.3%	(3.5 - 7.8)	10,110	4.8%	(4.4 - 5.3)	NS	587	3.5%	(2.3 - 5.2)	15,011	3.1%	(2.7 - 3.4)	NS	No			
2012	741	4.6%	(3.3 - 6.4)	18,988	3.9%	(3.6 - 4.3)	NS	316	5.9%	(3.9 - 9.0)	7,796	4.9%	(4.4 - 5.5)	NS	425	3.2%	(1.9 - 5.6)	11,192	3.0%	(2.6 - 3.4)	NS	No			
2013	691	3.6%	(2.5 - 5.3)	16,942	4.1%	(3.7 - 4.5)	NS	287	4.9%	(2.9 - 8.0)	6,884	5.1%	(4.5 - 5.8)	NS	404	2.4%	(1.4 - 4.1)	10,058	3.0%	(2.6 - 3.6)	NS	No			
2014	912	4.9%	(3.7 - 6.7)	22,202	3.9%	(3.6 - 4.3)	NS	368	6.4%	(4.3 - 9.4)	9,509	4.8%	(4.3 - 5.4)	NS	544	3.5%	(2.2 - 5.5)	12,693	3.1%	(2.7 - 3.5)	NS	No			
2015	663	3.8%	(2.5 - 5.8)	17,403	4.0%	(3.6 - 4.3)	NS	273	5.3%	(3.0 - 9.1)	7,503	5.0%	(4.4 - 5.7)	NS	390	2.4%	(1.4 - 4.1)	9,900	2.9%	(2.6 - 3.3)	NS	No			
2016	637	2.8%	(1.9 - 4.1)	15,078	3.8%	(3.4 - 4.2)	NS	261	2.9%	(1.7 - 5.1)	6,590	4.4%	(3.9 - 5.0)	NS	376	2.7%	(1.6 - 4.6)	8,488	3.1%	(2.7 - 3.7)	NS	No			
2017	678	4.7%	(3.1 - 7.0)	15,232	3.8%	(3.5 - 4.3)	NS	300	4.7%*	(2.4 - 9.0)	6,914	4.5%	(3.9 - 5.2)	NS	378	4.6%	(2.9 - 7.4)	8,311	3.2%	(2.7 - 3.7)	NS	No			
2018	640	3.6%	(2.4 - 5.3)	14,524	3.8%	(3.4 - 4.2)	NS	256	4.2%	(2.4 - 7.2)	6,523	4.5%	(3.9 - 5.1)	NS	383	3.0%*	(1.6 - 5.4)	7,987	3.1%	(2.6 - 3.6)	NS	No			
2019	712	3.5%	(2.5 - 5.0)	15,723	3.7%	(3.4 - 4.0)	NS	286	4.1%	(2.5 - 6.7)	7,078	4.4%	(3.8 - 4.9)	NS	426	3.0%	(1.8 - 4.8)	8,645	3.0%	(2.6 - 3.5)	NS	No			
2020	642	3.3%	(2.3 - 4.7)	14,708	3.6%	(3.3 - 4.0)	NS	302	3.3%	(2.0 - 5.4)	6,768	4.5%	(4.0 - 5.2)	NS	340	3.3%	(2.0 - 5.5)	7,940	2.8%	(2.4 - 3.2)	NS	No			
Ever told they had a heart attack or coronary heart disease																									
2011	995	6.9%	(5.5 - 8.7)	25,024	5.9%	(5.6 - 6.3)	NS	412	8.2%	(6.0 - 11.1)	10,081	7.5%	(6.9 - 8.1)	NS	583	5.7%	(4.1 - 7.8)	14,943	4.5%	(4.1 - 4.9)	NS	No			
2012	737	5.3%	(3.9 - 7.1)	18,930	6.0%	(5.6 - 6.4)	NS	315	6.8%	(4.6 - 9.8)	7,772	7.6%	(6.9 - 8.3)	NS	422	3.9%	(2.4 - 6.2)	11,158	4.4%	(4.0 - 4.9)	NS	No			
2013	686	5.0%	(3.6 - 6.9)	16,853	5.9%	(5.4 - 6.4)	NS	286	7.0%	(4.6 - 10.5)	6,835	7.3%	(6.6 - 8.2)	NS	400	3.1%	(1.9 - 5.1)	10,018	4.5%	(3.9 - 5.1)	NS	No			
2014	908	6.5%	(5.1 - 8.4)	22,112	5.8%	(5.4 - 6.2)	NS	367	8.2%	(5.8 - 11.5)	9,450	7.2%	(6.5 - 7.8)	NS	541	4.9%	(3.3 - 7.2)	12,662	4.4%	(4.0 - 4.9)	NS	No			
2015	658	5.4%	(3.8 - 7.7)	17,316	5.6%	(5.2 - 6.1)	NS	271	7.6%	(4.8 - 12.0)	7,466	7.2%	(6.5 - 8.0)	NS	387	3.2%	(1.9 - 5.3)	9,850	4.1%	(3.7 - 4.5)	NS	No			
2016	636	5.3%	(3.9 - 7.3)	15,021	5.8%	(5.4 - 6.3)	NS	260	5.4%	(3.5 - 8.3)	6,558	6.9%	(6.2 - 7.7)	NS	376	5.3%	(3.3 - 8.4)	8,463	4.7%	(4.1 - 5.3)	NS	No			
2017	676	6.6%	(4.8 - 9.0)	15,160	6.1%	(5.6 - 6.6)	NS	298	6.9%	(4.2 - 11.2)	6,875	7.5%	(6.7 - 8.3)	NS	378	6.2%	(4.2 - 9.2)	8,278	4.7%	(4.1 - 5.4)	NS	No			
2018	636	5.0%	(3.6 - 7.0)	14,458	5.6%	(5.2 - 6.1)	NS	254	5.7%	(3.6 - 9.0)	6,489	7.1%	(6.3 - 7.8)	NS	381	4.3%	(2.7 - 6.9)	7,955	4.2%	(3.6 - 4.8)	NS	No			
2019	707	6.5%	(5.0 - 8.6)	15,649	5.6%	(5.2 - 6.1)	NS	283	8.1%	(5.6 - 11.6)	7,043	6.6%	(6.0 - 7.3)	NS	424	5.1%	(3.4 - 7.5)	8,606	4.7%	(4.2 - 5.3)	NS	No			
2020	641	5.5%	(4.1 - 7.4)	14,669	5.3%	(4.9 - 5.7)	NS	301	5.6%	(3.8 - 8.3)	6,750	6.6%	(5.9 - 7.4)	NS	340	5.5%	(3.6 - 8.3)	7,919	4.0%	(3.5 - 4.5)	NS	No			
Ever told they had a stroke																									
2011	1,018	3.3%	(2.2 - 4.9)	25,355	2.6%	(2.4 - 2.9)	NS	423	3.6%	(2.2 - 5.9)	10,209	2.4%	(2.1 - 2.8)	NS	595	3.1%*	(1.6 - 5.7)	15,146	2.8%	(2.5 - 3.2)	NS	No			
2012	749	3.1%	(1.7 - 5.4)	19,118	2.4%	(2.2 - 2.7)	NS	318	3.8%*	(1.6 - 8.8)	7,851	2.7%	(2.3 - 3.1)	NS	431	2.4%	(1.4 - 4.1)	11,267	2.2%	(1.9 - 2.6)	NS	No			
2013	696	1.9%*	(1.0 - 3.4)	17,080	2.5%	(2.2 - 2.8)	NS	289	2.7%*	(1.3 - 5.8)	6,954	2.2%	(1.9 - 2.6)	NS	407	1.0%*	(0.4 - 2.5)	10,126	2.8%	(2.4 - 3.3)	NS	No			
2014	915	3.9%	(2.5 - 6.2)	22,359	2.6%	(2.4 - 2.9)	NS	371	5.4%*	(2.9 - 9.7)	9,576	2.7%	(2.3 - 3.1)	NS	544	2.5%	(1.4 - 4.4)	12,783	2.6%	(2.2 - 3.0)	NS	No			
2015	670	2.7%	(1.6 - 4.5)	17,509	2.5%	(2.3 - 2.9)	NS	276	3.9%*	(2.0 - 7.5)	7,550	2.7%	(2.2 - 3.1)	NS	394	1.6%	(0.9 - 2.8)	9,959	2.4%	(2.1 - 2.8)	NS	No			
2016	635	2.2%	(1.4 - 3.5)	15,154	2.8%	(2.5 - 3.2)	NS	260	2.0%*	(1.0 - 4.0)	6,627	2.6%	(2.1 - 3.1)	NS	375	2.3%*	(1.2 - 4.4)	8,527	3.0%	(2.5 - 3.6)	NS	No			
2017	678	3.2%	(2.2 - 4.6)	15,305	2.9%	(2.6 - 3.3)	NS	300	2.0%*	(1.0 - 3.8)	6,950	2.7%	(2.2 - 3.2)	NS	378	4.5%	(2.9 - 6.9)	8,348	3.2%	(2.7 - 3.8)	NS	No			
2018	637	2.4%	(1.5 - 3.9)	14,598	2.8%	(2.4 - 3.1)	NS	256	2.2%*	(1.0 - 4.8)	6,546	2.6%	(2.2 - 3.2)	NS	380	2.5%*	(1.3 - 4.8)	8,038	2.9%	(2.4 - 3.4)	NS	No			
2019	718	2.3%	(1.6 - 3.5)	15,839	2.9%	(2.5 - 3.2)	NS	290	1.9%*	(1.0 - 3.6)	7,139	2.7%	(2.3 - 3.2)	NS	428	2.8%	(1.7 - 4.6)	8,700	3.0%	(2.6 - 3.6)	NS	No			
2020	645	2.4%	(1.5 - 4.0)	14,777	2.4%	(2.1 - 2.7)	NS	301	2.2%*	(1.1 - 4.4)	6,795	2.3%	(1.9 - 2.8)	NS	344	2.7%*	(1.3 - 5.3)	7,982	2.4%	(2.0 - 3.0)	NS	No			
Currently taking aspirin to prevent or control heart disease or stroke																									
2011																									
2012																									
2013																									
2014																									
2015																									
2016																									
2017																									
2018																									
2019	327	20.7%	(16.6 - 25.5)	7,028	21.5%	(20.3 - 22.7)	NS	128	25.3%	(18.4 - 33.8)	3,156	22.1%	(20.4 - 23.9)	NS	199	16.8%	(12.4 - 22.4)	3,872	20.8%	(19.3 - 22.5)	NS	No			
2020																									
<b>Blood Pressure and Cholesterol</b>																									
Had blood pressure checked in past year																									
2011																									
2012																									
2013	302	82.8%	(75.9 - 88.0)	7,804	84.6%	(83.1 - 86.0)	NS	131	81.0%*	(70.0 - 88.7)	3,150	81.2%	(78.8 - 83.4)	NS	171	84.6%	(75.6 - 90.7)	4,654	87.8%	(85.8 - 89.5)	NS	No			
2014																									
2015	291	83.8%	(76.4 - 89.2)	7,947	88.0%	(86.6 - 89.2)	NS	111	77.1%*	(63.1 - 86.9)	3,461	85.2%	(83.1 - 87.1)	NS	180	89.2%	(81.8 - 93.8)	4,486	90.6%	(88.8 - 92.2)	NS	No			
2016																									
2017	331	83.4%	(77.7 - 87.9)	6,960	86.3%	(84.9 - 87.6)	NS	142	84.7%	(76.3 - 90.5)	3,146	83.0%	(80.7 - 85.1)	NS	189	82.0%	(73.6 - 88.2)	3,812	89.4%	(87.7 - 91.0)	NS	No			
2018																									
2019																									
2020																									

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Central District			State of NE			Sig <sup>d</sup>	Central District			State of NE			Sig <sup>d</sup>	Central District			State of NE			Sig <sup>d</sup>	
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)
Ever told they have high blood pressure (excluding pregnancy) <sup>a</sup>																						
2011	1,017	31.8%	(28.5 - 35.2)	25,356	28.5%	(27.8 - 29.3)	NS	422	32.4%	(27.4 - 37.8)	10,212	30.3%	(29.1 - 31.5)	NS	595	31.2%	(27.1 - 35.7)	15,144	26.9%	(25.9 - 27.9)	NS	No
2012																						
2013	696	32.2%	(28.0 - 36.7)	17,085	30.3%	(29.2 - 31.4)	NS	289	35.4%	(28.9 - 42.6)	6,956	32.5%	(30.8 - 34.1)	NS	407	29.1%	(24.1 - 34.6)	10,129	28.2%	(26.9 - 29.6)	NS	No
2014																						
2015	670	30.9%	(26.7 - 35.5)	17,515	29.9%	(28.9 - 30.9)	NS	276	32.2%	(25.8 - 39.5)	7,546	32.6%	(31.1 - 34.2)	NS	394	29.6%	(24.3 - 35.4)	9,969	27.2%	(26.0 - 28.5)	NS	No
2016																						
2017	681	33.2%	(29.1 - 37.5)	15,320	30.6%	(29.6 - 31.7)	NS	303	37.5%	(31.1 - 44.4)	6,956	33.5%	(31.9 - 35.2)	NS	378	28.9%	(24.1 - 34.2)	8,357	27.8%	(26.4 - 29.2)	NS	No
2018																						
2019	717	35.5%	(31.5 - 39.8)	15,818	31.0%	(30.0 - 31.9)	NS	290	37.8%	(31.5 - 44.5)	7,125	32.8%	(31.4 - 34.3)	NS	427	33.3%	(28.4 - 38.6)	8,693	29.2%	(27.9 - 30.5)	NS	No
2020																						
Currently taking blood pressure medication, among those ever told they have high BP																						
2011	402	77.1%	(70.4 - 82.6)	9,505	77.9%	(76.5 - 79.2)	NS	165	67.5%*	(57.3 - 76.3)	3,877	72.0%	(69.8 - 74.1)	NS	237	86.7%	(78.1 - 92.2)	5,628	84.2%	(82.5 - 85.7)	NS	Yes
2012																						
2013	290	79.9%	(72.7 - 85.6)	6,747	78.5%	(76.6 - 80.3)	NS	120	76.7%*	(65.1 - 85.3)	2,828	73.1%	(70.2 - 75.9)	NS	170	83.7%	(75.2 - 89.7)	3,919	84.5%	(82.3 - 86.4)	NS	No
2014																						
2015	254	75.6%	(67.4 - 82.3)	6,685	77.8%	(75.9 - 79.6)	NS	111	68.5%*	(55.9 - 78.9)	3,016	73.0%	(70.1 - 75.7)	NS	143	83.2%*	(73.1 - 90.1)	3,669	83.4%	(80.9 - 85.6)	NS	No
2016																						
2017	269	74.8%	(66.4 - 81.7)	5,886	78.6%	(76.8 - 80.4)	NS	130	64.8%*	(52.5 - 75.4)	2,801	74.0%	(71.3 - 76.6)	NS	139	87.7%	(79.0 - 93.1)	3,082	84.1%	(81.7 - 86.3)	NS	Yes
2018																						
2019	315	78.8%	(72.3 - 84.0)	6,292	76.6%	(74.9 - 78.2)	NS	135	71.6%	(61.7 - 79.9)	2,900	70.7%	(68.1 - 73.2)	NS	180	86.9%	(79.0 - 92.1)	3,392	83.1%	(81.0 - 85.1)	NS	No
2020																						
Had cholesterol checked in past 5 years <sup>a</sup>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	647	86.2%	(82.2 - 89.4)	14,658	84.4%	(83.4 - 85.3)	NS	289	85.0%	(78.7 - 89.7)	6,659	82.5%	(80.9 - 83.9)	NS	358	87.4%	(82.1 - 91.3)	7,992	86.2%	(84.9 - 87.5)	NS	No
2018																						
2019	683	85.9%	(81.1 - 89.6)	14,989	83.9%	(82.9 - 84.8)	NS	269	84.3%	(76.4 - 90.0)	6,735	81.7%	(80.2 - 83.0)	NS	414	87.4%	(81.3 - 91.7)	8,254	86.1%	(84.8 - 87.3)	NS	No
2020																						
Ever told they have high cholesterol, among those who have ever had it checked <sup>a</sup>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	598	29.7%	(25.8 - 34.0)	13,427	31.9%	(30.7 - 33.1)	NS	265	29.4%	(23.6 - 36.0)	6,011	33.0%	(31.3 - 34.8)	NS	333	30.0%	(24.9 - 35.6)	7,409	30.9%	(29.3 - 32.5)	NS	No
2018																						
2019	639	30.0%	(26.1 - 34.1)	13,735	31.1%	(30.0 - 32.1)	NS	250	30.0%	(24.1 - 36.7)	6,083	31.7%	(30.1 - 33.2)	NS	389	29.9%	(25.0 - 35.2)	7,652	30.5%	(29.1 - 31.9)	NS	No
2020																						
Currently taking cholesterol medication, among those ever told they have high cholesterol																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	225	68.1%	(60.7 - 74.7)	5,083	60.7%	(58.5 - 62.8)	NS	95	73.6%*	(62.0 - 82.7)	2,274	62.6%	(59.4 - 65.8)	NS	130	62.9%	(53.1 - 71.7)	2,806	58.7%	(55.7 - 61.6)	NS	No
2018																						
2019	230	62.5%	(54.6 - 69.9)	5,194	63.4%	(61.5 - 65.4)	NS	88	65.7%*	(52.5 - 76.8)	2,313	66.0%	(63.1 - 68.7)	NS	142	59.6%	(49.9 - 68.6)	2,881	60.9%	(58.2 - 63.6)	NS	No
2020																						

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>c</sup>			
	Central District			State of NE			Central District			State of NE			Central District			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		Sig <sup>d</sup>		
<b>Diabetes</b>																						
Ever told they have diabetes (excluding pregnancy) <sup>^</sup>																						
2011	1,017	8.7%	(7.1 - 10.7)	25,393	8.4%	(7.9 - 8.8)	NS	422	9.4%	(6.9 - 12.6)	10,222	8.6%	(7.9 - 9.3)	NS	595	8.0%	(6.1 - 10.5)	15,171	8.2%	(7.6 - 8.8)	NS	No
2012	749	7.8%	(5.8 - 10.5)	19,156	8.1%	(7.6 - 8.6)	NS	318	9.6%	(6.3 - 14.3)	7,861	8.3%	(7.6 - 9.1)	NS	431	6.2%	(4.2 - 9.0)	11,295	7.9%	(7.3 - 8.5)	NS	No
2013	699	10.2%	(7.6 - 13.5)	17,110	9.2%	(8.5 - 9.9)	NS	291	13.4%	(9.1 - 19.4)	6,968	10.1%	(9.0 - 11.2)	NS	408	7.0%	(4.7 - 10.3)	10,142	8.3%	(7.5 - 9.2)	NS	No
2014	916	9.3%	(7.3 - 11.7)	22,388	9.2%	(8.6 - 9.7)	NS	371	11.7%	(8.5 - 16.0)	9,598	9.7%	(8.9 - 10.6)	NS	545	6.9%	(4.9 - 9.6)	12,790	8.6%	(7.9 - 9.3)	NS	No
2015	671	9.8%	(7.5 - 12.7)	17,547	8.8%	(8.2 - 9.4)	NS	277	7.9%	(5.3 - 11.5)	7,565	9.0%	(8.2 - 9.9)	NS	394	11.7%	(8.2 - 16.4)	9,982	8.6%	(7.8 - 9.3)	NS	No
2016	637	10.3%	(8.0 - 13.2)	15,171	8.8%	(8.2 - 9.5)	NS	261	8.2%	(5.3 - 12.3)	6,630	8.7%	(7.8 - 9.7)	NS	376	12.4%	(9.1 - 16.8)	8,541	8.9%	(8.1 - 9.8)	NS	No
2017	681	11.0%	(8.7 - 13.7)	15,333	10.1%	(9.5 - 10.8)	NS	303	10.9%	(7.9 - 14.9)	6,962	10.4%	(9.5 - 11.4)	NS	378	11.1%	(8.0 - 15.1)	8,364	9.9%	(9.0 - 10.9)	NS	No
2018	639	11.9%	(9.4 - 14.9)	14,616	9.7%	(9.1 - 10.4)	NS	255	14.0%	(10.1 - 19.2)	6,550	10.2%	(9.3 - 11.2)	NS	383	9.8%	(7.1 - 13.3)	8,052	9.1%	(8.3 - 10.0)	NS	No
2019	716	10.3%	(8.2 - 12.8)	15,849	10.2%	(9.6 - 10.8)	NS	290	10.4%	(7.5 - 14.4)	7,145	10.9%	(10.0 - 11.8)	NS	426	10.1%	(7.5 - 13.6)	8,704	9.4%	(8.7 - 10.3)	NS	No
2020	646	11.2%	(8.8 - 14.2)	14,782	9.9%	(9.3 - 10.5)	NS	302	10.4%	(7.3 - 14.6)	6,798	10.5%	(9.5 - 11.5)	NS	344	12.0%	(8.6 - 16.5)	7,984	9.3%	(8.5 - 10.2)	NS	No
Ever told they have pre-diabetes (excluding pregnancy)																						
2011																						
2012																						
2013	369	4.3%	(2.6 - 7.3)	8,549	5.5%	(4.8 - 6.3)	NS	143	4.8%*	(2.3 - 9.8)	3,452	5.9%	(4.8 - 7.2)	NS	226	3.9%*	(1.8 - 8.2)	5,097	5.1%	(4.1 - 6.2)	NS	No
2014	460	4.1%	(2.4 - 6.9)	11,165	5.8%	(5.1 - 6.5)	NS	176	7.2%*	(3.6 - 13.6)	4,723	5.8%	(4.8 - 6.9)	NS	284	2.1%*	(1.0 - 4.4)	6,442	5.7%	(4.9 - 6.7)	-	No
2015																						
2016	633	4.2%	(2.7 - 6.4)	14,986	6.0%	(5.5 - 6.6)	NS	259	5.2%	(3.1 - 8.6)	6,547	5.3%	(4.6 - 6.2)	NS	374	3.2%*	(1.5 - 6.6)	8,439	6.7%	(5.9 - 7.6)	NS	No
2017	358	6.6%	(4.2 - 10.4)	7,661	5.9%	(5.2 - 6.7)	NS	154	5.5%*	(2.7 - 10.7)	3,497	5.0%	(4.1 - 6.1)	NS	204	7.8%*	(4.2 - 14.0)	4,162	6.8%	(5.7 - 8.0)	NS	No
2018																						
2019																						
2020	328	5.6%	(3.5 - 9.0)	7,415	7.5%	(6.7 - 8.4)	NS	160	6.2%*	(3.0 - 12.1)	3,395	7.4%	(6.3 - 8.8)	NS	168	5.1%*	(2.7 - 9.4)	4,020	7.5%	(6.4 - 8.8)	NS	No
<b>Cancer</b>																						
Ever told they have skin cancer																						
2011	1,015	7.2%	(5.7 - 9.1)	25,359	5.6%	(5.3 - 6.0)	NS	420	8.2%	(5.7 - 11.6)	10,205	6.3%	(5.8 - 6.8)	NS	595	6.3%	(4.8 - 8.3)	15,154	5.0%	(4.6 - 5.5)	NS	No
2012	749	5.8%	(4.3 - 7.6)	19,133	5.6%	(5.2 - 6.0)	NS	318	7.0%	(4.7 - 10.2)	7,859	5.8%	(5.3 - 6.4)	NS	431	4.6%	(3.0 - 6.9)	11,274	5.4%	(4.9 - 6.0)	NS	No
2013	697	5.7%	(4.3 - 7.6)	17,087	5.9%	(5.5 - 6.3)	NS	291	6.4%	(4.2 - 9.7)	6,956	6.3%	(5.7 - 7.1)	NS	406	5.0%	(3.4 - 7.5)	10,131	5.4%	(4.9 - 6.0)	NS	No
2014	915	5.8%	(4.1 - 8.0)	22,370	5.7%	(5.4 - 6.1)	NS	370	6.7%	(4.1 - 11.0)	9,586	5.9%	(5.4 - 6.5)	NS	545	4.8%	(3.3 - 7.0)	12,784	5.6%	(5.1 - 6.1)	NS	No
2015	669	7.3%	(5.4 - 9.8)	17,512	6.0%	(5.6 - 6.4)	NS	277	7.1%	(4.4 - 11.3)	7,556	6.4%	(5.7 - 7.0)	NS	392	7.5%	(5.1 - 10.7)	9,956	5.6%	(5.1 - 6.2)	NS	No
2016	636	7.1%	(5.3 - 9.3)	15,150	5.5%	(5.0 - 5.9)	NS	260	7.3%	(4.9 - 10.8)	6,616	5.8%	(5.1 - 6.5)	NS	376	6.8%	(4.6 - 10.1)	8,534	5.2%	(4.6 - 5.8)	NS	No
2017	681	6.2%	(4.8 - 8.0)	15,320	5.6%	(5.2 - 6.1)	NS	303	5.7%	(3.9 - 8.3)	6,954	5.9%	(5.3 - 6.6)	NS	378	6.7%	(4.7 - 9.5)	8,359	5.3%	(4.7 - 6.0)	NS	No
2018	639	6.9%	(5.1 - 9.2)	14,604	5.6%	(5.2 - 6.1)	NS	256	8.9%	(6.1 - 12.7)	6,540	6.0%	(5.3 - 6.7)	NS	382	4.9%	(3.0 - 7.9)	8,050	5.2%	(4.7 - 5.9)	NS	No
2019	716	7.5%	(5.8 - 9.6)	15,837	6.7%	(6.3 - 7.2)	NS	290	7.1%	(4.7 - 10.4)	7,138	6.8%	(6.1 - 7.4)	NS	426	7.9%	(5.7 - 10.8)	8,699	6.7%	(6.1 - 7.4)	NS	No
2020	644	3.8%	(2.7 - 5.4)	14,752	5.9%	(5.5 - 6.4)	-	301	4.0%	(2.5 - 6.4)	6,781	6.2%	(5.6 - 7.0)	NS	343	3.7%	(2.3 - 5.9)	7,971	5.6%	(5.0 - 6.2)	NS	No
Ever told they have cancer other than skin cancer																						
2011	1,014	7.7%	(6.2 - 9.6)	25,369	6.6%	(6.2 - 7.0)	NS	421	4.8%	(3.3 - 7.0)	10,219	5.0%	(4.6 - 5.5)	NS	593	10.6%	(8.0 - 13.8)	15,150	8.1%	(7.5 - 8.6)	NS	Yes
2012	749	6.9%	(5.3 - 8.9)	19,136	6.5%	(6.0 - 6.9)	NS	318	6.1%	(4.0 - 9.0)	7,858	5.0%	(4.5 - 5.6)	NS	431	7.8%	(5.5 - 10.8)	11,278	7.9%	(7.2 - 8.5)	NS	No
2013	697	9.4%	(7.2 - 12.2)	17,104	6.8%	(6.3 - 7.3)	NS	291	9.1%	(6.1 - 13.4)	6,965	5.6%	(5.0 - 6.4)	NS	406	9.7%	(6.7 - 13.8)	10,139	8.0%	(7.3 - 8.8)	NS	No
2014	916	6.3%	(4.8 - 8.2)	22,380	6.1%	(5.7 - 6.5)	NS	371	5.5%	(3.6 - 8.4)	9,590	4.6%	(4.1 - 5.1)	NS	545	7.1%	(5.0 - 9.9)	12,790	7.6%	(7.0 - 8.3)	NS	No
2015	669	6.7%	(5.1 - 8.9)	17,524	6.9%	(6.4 - 7.3)	NS	277	4.2%	(2.6 - 6.6)	7,557	5.2%	(4.6 - 5.8)	NS	392	9.3%	(6.6 - 12.9)	9,967	8.5%	(7.8 - 9.2)	NS	No
2016	637	8.5%	(6.4 - 11.0)	15,165	6.9%	(6.3 - 7.4)	NS	261	8.7%	(5.7 - 13.1)	6,629	5.5%	(4.9 - 6.2)	NS	376	8.2%	(5.9 - 11.4)	8,536	8.2%	(7.4 - 9.0)	NS	No
2017	681	7.2%	(5.6 - 9.2)	15,335	6.6%	(6.1 - 7.1)	NS	303	6.2%	(4.2 - 8.9)	6,966	5.3%	(4.7 - 6.0)	NS	378	8.2%	(5.9 - 11.4)	8,362	7.8%	(7.1 - 8.6)	NS	No
2018	638	9.0%	(6.9 - 11.6)	14,615	7.1%	(6.6 - 7.6)	NS	256	8.4%	(5.6 - 12.3)	6,556	5.8%	(5.1 - 6.6)	NS	381	9.4%	(6.5 - 13.2)	8,045	8.3%	(7.6 - 9.2)	NS	No
2019	716	7.7%	(6.1 - 9.7)	15,847	7.0%	(6.5 - 7.5)	NS	288	6.2%	(4.1 - 9.2)	7,145	5.3%	(4.7 - 5.9)	NS	428	9.2%	(6.9 - 12.2)	8,702	7.8%	(7.9 - 9.4)	NS	No
2020	646	7.6%	(5.8 - 10.0)	14,777	6.8%	(6.1 - 7.1)	NS	302	7.3%	(4.9 - 10.9)	6,800	5.6%	(5.0 - 6.3)	NS	344	7.9%	(5.4 - 11.5)	7,977	7.6%	(6.9 - 8.4)	NS	No
Ever told they have cancer (in any form)																						
2011	1,010	13.7%	(11.6 - 16.1)	25,315	11.2%	(10.7 - 11.7)	NS	418	11.3%	(8.5 - 15.0)	10,192	10.1%	(9.5 - 10.8)	NS	592	16.0%	(13.0 - 19.5)	15,123	12.2%	(11.5 - 12.9)	+	No
2012	749	11.1%	(9.0 - 13.6)	19,100	10.8%	(10.3 - 11.4)	NS	318	11.4%	(8.4 - 15.2)	7,846	9.6%	(8.9 - 10.4)	NS	431	10.8%	(8.1 - 14.3)	11,254	11.9%	(11.2 - 12.7)	NS	No
2013	695	12.6%	(10.1 - 15.5)	17,062	11.4%	(10.8 - 12.1)	NS	291	13.0%	(9.5 - 17.6)	6,946	10.6%	(9.7 - 11.6)	NS	404	12.1%	(8.9 - 16.3)	10,116	12.3%	(11.4 - 13.2)	NS	No
2014	913	11.2%	(8.9 - 13.9)	22,338	10.7%	(10.2 - 11.2)	NS	369	11.2%	(7.8 - 15.8)	9,568	9.3%	(8.6 - 10.0)	NS	544	11.2%	(8.6 - 14.5)	12,770	12.1%	(11.4 - 12.9)	NS	No
2015	668	12.9%	(10.4 - 15.9)	17,481	11.6%	(11.0 - 12.2)	NS	277	10.0%	(6.8 - 14.4)	7,541	10.2%	(9.5 - 11.1)	NS	391	15.8%	(12.2 - 20.2)	9,940	12.9%	(12.1 - 13.8)	NS	No
2016	636	14.1%	(11.4 - 17.2)	15,132	11.2%	(10.6 - 11.9)	NS	260	14.5%	(10.5 - 19.5)	6,607	10.1%	(9.3 - 11.1)	NS	376	13.7%	(10.4 - 17.9)	8,525	12.3%	(11.3 - 13.3)	NS	No
2017	681	12.1%	(10.0 - 14.5)	15,306	11.0%	(10.4 - 11.7)	NS	303	10.4%	(7.8 - 13.8)	6,951	10.0%	(9.1 - 10.9)	NS	378	13.7%	(10.6 - 17.5)	8,348	12.0%	(11.1 - 13.0)	NS	No
2018	637	13.1%	(10.6 - 16.2)	14,589	11.3%	(10.7 - 12.0)	NS	256	13.4%	(9.8 - 18.0)	6,538	10.2%	(9.4 - 11.2)	NS	380	12.7%	(9.4 - 17.0)	8,037	12.4%	(11.5 - 13.4)	NS	No
2019	714	13.6%	(11.3 - 16.2)	15,819	12.4%	(11.8 - 13.0)	NS	288	11.5%	(8.5 - 15.5)	7,131	10.8%	(10.0 - 11.6)	NS	426	15.6%	(12.5 - 19.4)	8,688	14.0%	(13.1 - 15.0)	NS	No
2020	644	10.2%	(8.1 - 12.8)	14,736	11.3%	(10.7 - 12.0)	NS	301	9.9%	(7.1 - 13.8)	6,776	10.7%	(9.8 - 11.6)									

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Central District			State of NE		Sig <sup>d</sup>	Central District			State of NE		Sig <sup>d</sup>	Central District				State of NE		Sig <sup>d</sup>			
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)				
Up-to-date on colon cancer screening, 50-75 year olds <sup>a</sup>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017																						
2018																						
2019																						
2020	314	71.6%	(65.5 - 77.1)	6,520	72.5%	(70.9 - 74.1)	NS	154	68.2%	(59.2 - 76.0)	2,901	70.6%	(68.2 - 73.0)	NS	160	75.3%	(66.5 - 82.3)	3,619	74.3%	(72.2 - 76.3)	NS	No
Up-to-date on breast cancer screening, female 50-74 year olds <sup>a</sup>																						
2011																						
2012	197	71.3%	(62.4 - 78.9)	5,200	74.9%	(73.2 - 76.5)	NS								197	71.3%	(62.4 - 78.9)	5,200	74.9%	(73.2 - 76.5)	NS	
2013																						
2014	248	79.3%	(71.7 - 85.3)	5,904	76.1%	(74.5 - 77.7)	NS								248	79.3%	(71.7 - 85.3)	5,904	76.1%	(74.5 - 77.7)	NS	
2015																						
2016	182	72.8%	(64.5 - 79.7)	3,914	73.4%	(71.3 - 75.4)	NS								182	72.8%	(64.5 - 79.7)	3,914	73.4%	(71.3 - 75.4)	NS	
2017																						
2018	171	72.2%	(64.1 - 79.1)	3,637	75.4%	(73.3 - 77.3)	NS								171	72.2%	(64.1 - 79.1)	3,637	75.4%	(73.3 - 77.3)	NS	
2019																						
2020	154	75.6%	(67.2 - 82.4)	3,529	76.4%	(74.4 - 78.4)	NS								154	75.6%	(67.2 - 82.4)	3,529	76.4%	(74.4 - 78.4)	NS	
Up-to-date on cervical cancer screening, female 21-65 year olds <sup>a</sup>																						
2011																						
2012	188	83.2%	(75.9 - 88.7)	5,055	83.9%	(82.5 - 85.2)	NS								188	83.2%	(75.9 - 88.7)	5,055	83.9%	(82.5 - 85.2)	NS	
2013																						
2014	243	84.4%	(77.3 - 89.5)	5,779	81.7%	(80.0 - 83.3)	NS								243	84.4%	(77.3 - 89.5)	5,779	81.7%	(80.0 - 83.3)	NS	
2015																						
2016	157	80.4%	(71.7 - 86.8)	3,814	77.7%	(75.5 - 79.8)	NS								157	80.4%	(71.7 - 86.8)	3,814	77.7%	(75.5 - 79.8)	NS	
2017																						
2018	176	78.9%	(71.2 - 84.9)	3,466	80.9%	(79.0 - 82.7)	NS								176	78.9%	(71.2 - 84.9)	3,466	80.9%	(79.0 - 82.7)	NS	
2019																						
2020	143	73.4%*	(62.3 - 82.2)	3,323	77.7%	(75.6 - 79.7)	NS								143	73.4%*	(62.3 - 82.2)	3,323	77.7%	(75.6 - 79.7)	NS	
<b>Arthritis</b>																						
Ever told they have arthritis																						
2011	1,013	25.6%	(22.7 - 28.7)	25,285	23.4%	(22.8 - 24.1)	NS	421	21.2%	(17.4 - 25.7)	10,184	20.1%	(19.2 - 21.1)	NS	592	29.8%	(25.7 - 34.2)	15,101	26.6%	(25.7 - 27.6)	NS	Yes
2012	748	23.1%	(19.8 - 26.8)	19,089	24.6%	(23.8 - 25.4)	NS	318	21.5%	(16.9 - 27.0)	7,839	21.5%	(20.3 - 22.6)	NS	430	24.7%	(20.2 - 30.0)	11,250	27.7%	(26.6 - 28.8)	NS	No
2013	694	29.9%	(25.7 - 34.4)	17,017	24.7%	(23.8 - 25.7)	NS	289	29.3%	(23.2 - 36.2)	6,925	21.6%	(20.2 - 23.0)	+	405	30.5%	(24.9 - 36.7)	10,092	27.8%	(26.5 - 29.2)	NS	No
2014	912	27.5%	(24.0 - 31.3)	22,307	24.6%	(23.8 - 25.4)	NS	370	26.7%	(21.4 - 32.7)	9,560	21.6%	(20.5 - 22.8)	NS	542	28.3%	(24.0 - 33.1)	12,747	27.4%	(26.3 - 28.6)	NS	No
2015	666	24.7%	(20.7 - 29.2)	17,472	23.4%	(22.6 - 24.3)	NS	276	21.5%	(15.9 - 28.4)	7,540	19.7%	(18.5 - 20.9)	NS	390	27.8%	(22.4 - 33.9)	9,932	27.1%	(25.9 - 28.4)	NS	No
2016	637	22.0%	(18.5 - 25.9)	15,137	24.6%	(23.6 - 25.6)	NS	261	22.0%	(16.7 - 28.3)	6,622	21.7%	(20.3 - 23.2)	NS	376	22.0%	(17.7 - 27.0)	8,515	27.4%	(26.0 - 28.8)	NS	No
2017	676	26.1%	(22.7 - 29.9)	15,285	24.0%	(23.0 - 25.0)	NS	301	22.7%	(18.1 - 28.2)	6,939	20.6%	(19.3 - 22.0)	NS	375	29.5%	(24.8 - 34.8)	8,339	27.3%	(25.9 - 28.7)	NS	No
2018	637	25.1%	(21.6 - 29.0)	14,575	25.2%	(24.2 - 26.2)	NS	255	21.6%	(16.7 - 27.5)	6,537	21.3%	(19.9 - 22.6)	NS	381	28.4%	(23.6 - 33.6)	8,024	29.1%	(27.7 - 30.5)	NS	No
2019	718	26.2%	(22.8 - 30.0)	15,799	23.1%	(22.3 - 24.0)	NS	290	23.9%	(18.9 - 29.7)	7,118	19.3%	(18.2 - 20.5)	NS	428	28.5%	(24.0 - 33.5)	8,681	26.8%	(25.6 - 28.1)	NS	No
2020	642	25.4%	(21.9 - 29.3)	14,734	22.8%	(21.9 - 23.7)	NS	299	20.5%	(16.0 - 26.0)	6,770	19.5%	(18.3 - 20.8)	NS	343	30.2%	(25.0 - 36.0)	7,964	26.1%	(24.8 - 27.4)	NS	No
Currently have activity limitations due to arthritis, among those ever told they have arthritis <sup>a</sup>																						
2011	328	44.5%	(38.2 - 51.0)	7,973	45.2%	(43.6 - 46.8)	NS	107	32.0%*	(23.1 - 42.4)	2,711	42.6%	(40.0 - 45.2)	NS	221	52.9%	(45.0 - 60.7)	5,262	47.1%	(45.1 - 49.2)	NS	Yes
2012																						
2013	242	44.6%	(36.5 - 53.0)	5,460	42.4%	(40.3 - 44.6)	NS	93	44.4%*	(32.2 - 57.3)	1,861	41.0%	(37.4 - 44.6)	NS	149	44.7%*	(34.3 - 55.7)	3,599	43.5%	(40.8 - 46.2)	NS	No
2014																						
2015	188	49.4%	(39.5 - 59.4)	5,146	44.0%	(41.9 - 46.1)	NS	64	59.7%*	(42.2 - 75.0)	1,852	41.9%	(38.6 - 45.3)	NS	124	41.6%*	(30.5 - 53.7)	3,294	45.5%	(42.9 - 48.1)	NS	No
2016																						
2017	234	42.1%	(35.0 - 49.5)	4,782	46.2%	(44.0 - 48.4)	NS	89	45.0%*	(33.7 - 56.7)	1,885	41.1%	(37.8 - 44.5)	NS	145	39.9%	(31.2 - 49.3)	2,895	50.0%	(47.1 - 52.9)	NS	No
2018																						
2019	245	39.4%	(32.3 - 47.0)	4,922	37.4%	(35.5 - 39.4)	NS	88	31.1%*	(20.5 - 44.3)	1,862	32.8%	(29.9 - 35.9)	NS	157	46.5%	(37.6 - 55.6)	3,060	40.7%	(38.2 - 43.3)	NS	No
2020																						

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Central District			State of NE			Sig <sup>d</sup>	Central District			State of NE			Sig <sup>d</sup>	Central District			State of NE			Sig <sup>d</sup>	
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)
<b>Asthma</b>																						
Ever told they have asthma																						
2011	1,016	11.4%	(9.1 - 14.1)	25,327	11.5%	(10.9 - 12.1)	NS	423	8.9%	(6.1 - 12.8)	10,194	10.5%	(9.6 - 11.3)	NS	593	13.9%	(10.6 - 17.9)	15,133	12.4%	(11.6 - 13.3)	NS	No
2012	744	11.5%	(8.3 - 15.6)	19,105	10.8%	(10.2 - 11.5)	NS	316	7.7%	(4.8 - 12.2)	7,847	9.7%	(8.8 - 10.7)	NS	428	15.2%	(10.1 - 22.1)	11,258	11.9%	(11.1 - 12.9)	NS	No
2013	699	8.1%	(6.0 - 10.8)	17,068	11.2%	(10.5 - 12.0)	NS	291	7.4%	(4.7 - 11.5)	6,946	9.6%	(8.6 - 10.8)	NS	408	8.7%	(5.9 - 12.8)	10,122	12.8%	(11.7 - 13.9)	NS	No
2014	916	12.1%	(9.4 - 15.4)	22,355	12.2%	(11.5 - 13.0)	NS	371	11.0%	(7.5 - 15.9)	9,583	10.8%	(9.8 - 11.9)	NS	545	13.1%	(9.4 - 18.0)	12,772	13.6%	(12.6 - 14.7)	NS	No
2015	671	10.5%	(7.9 - 13.9)	17,492	12.1%	(11.3 - 12.9)	NS	277	6.8%	(4.0 - 10.6)	7,554	10.7%	(9.6 - 12.0)	NS	394	14.4%	(10.2 - 20.1)	9,938	14.4%	(12.3 - 14.5)	NS	No
2016	634	12.2%	(9.2 - 16.1)	15,144	12.4%	(11.5 - 13.4)	NS	259	12.9%	(8.4 - 19.3)	6,622	10.4%	(9.2 - 11.8)	NS	375	11.6%	(8.0 - 16.4)	8,522	14.3%	(13.1 - 15.7)	NS	No
2017	681	10.1%	(7.7 - 13.2)	15,312	12.0%	(11.2 - 12.9)	NS	303	9.1%	(5.9 - 13.8)	6,951	10.5%	(9.4 - 11.8)	NS	378	11.1%	(7.8 - 15.5)	8,354	13.5%	(12.4 - 14.7)	NS	No
2018	637	9.8%	(7.4 - 13.0)	14,597	13.2%	(12.3 - 14.1)	NS	254	7.2%	(4.1 - 12.2)	6,541	11.0%	(9.9 - 12.3)	NS	382	12.5%	(9.0 - 17.1)	8,042	15.3%	(14.0 - 16.6)	NS	No
2019	718	11.0%	(8.4 - 14.3)	15,827	12.4%	(11.6 - 13.2)	NS	290	10.2%	(6.8 - 14.9)	7,134	10.2%	(9.2 - 11.2)	NS	428	11.9%	(8.3 - 16.7)	8,693	14.6%	(13.5 - 15.8)	NS	No
2020	645	12.8%	(10.0 - 16.3)	14,767	10.7%	(10.0 - 11.5)	NS	302	9.6%	(6.1 - 14.7)	6,790	8.7%	(7.7 - 9.7)	NS	343	16.1%	(11.9 - 21.3)	7,977	12.8%	(11.6 - 14.0)	NS	No
Currently have asthma																						
2011	1,012	7.3%	(5.6 - 9.5)	25,257	7.3%	(6.9 - 7.8)	NS	422	4.9%	(3.1 - 7.7)	10,170	6.0%	(5.4 - 6.7)	NS	590	9.6%	(6.9 - 13.3)	15,087	8.6%	(8.0 - 9.4)	NS	No
2012	744	6.8%	(4.8 - 9.7)	19,053	7.4%	(6.9 - 7.9)	NS	316	4.8%*	(2.6 - 8.9)	7,832	6.1%	(5.4 - 6.9)	NS	428	8.7%	(5.6 - 13.3)	11,221	8.7%	(7.9 - 9.4)	NS	No
2013	699	6.0%	(4.3 - 8.3)	17,024	7.3%	(6.7 - 8.0)	NS	291	6.2%	(3.8 - 10.0)	6,930	5.5%	(4.8 - 6.4)	NS	408	5.8%	(3.7 - 9.0)	10,094	9.1%	(8.2 - 10.0)	NS	No
2014	911	7.7%	(5.8 - 10.3)	22,289	7.7%	(7.2 - 8.3)	NS	370	7.5%	(4.8 - 11.6)	9,562	6.2%	(5.5 - 7.0)	NS	541	7.9%	(5.4 - 11.4)	12,727	9.2%	(8.4 - 10.1)	NS	No
2015	667	7.4%	(5.1 - 10.5)	17,435	7.2%	(6.6 - 7.8)	NS	277	3.9%*	(1.9 - 7.7)	7,533	5.4%	(4.7 - 6.2)	NS	390	10.8%	(7.1 - 16.1)	9,902	8.9%	(8.0 - 9.9)	NS	No
2016	633	7.7%	(5.4 - 10.9)	15,116	8.3%	(7.5 - 9.1)	NS	259	8.9%	(5.3 - 14.7)	6,609	6.1%	(5.2 - 7.1)	NS	374	6.5%	(4.1 - 10.1)	8,507	10.4%	(9.3 - 11.6)	NS	No
2017	681	6.7%	(4.8 - 9.3)	15,264	8.2%	(7.5 - 8.9)	NS	303	4.9%*	(2.5 - 9.2)	6,927	6.1%	(5.3 - 7.0)	NS	378	8.5%	(5.9 - 12.3)	8,330	10.3%	(9.2 - 11.4)	NS	No
2018	635	6.1%	(4.2 - 8.8)	14,559	8.9%	(8.1 - 9.6)	NS	253	3.8%*	(1.7 - 8.3)	6,526	6.3%	(5.4 - 7.2)	NS	381	8.5%	(5.7 - 12.5)	8,019	11.4%	(10.3 - 12.6)	NS	No
2019	716	7.3%	(5.3 - 10.0)	15,779	8.0%	(7.4 - 8.7)	NS	289	5.8%	(3.6 - 9.4)	7,108	5.4%	(4.7 - 6.2)	NS	427	8.8%	(5.7 - 13.2)	8,671	10.6%	(9.6 - 11.7)	NS	No
2020	644	10.1%	(7.6 - 13.3)	14,733	7.8%	(7.1 - 8.5)	NS	302	7.1%	(4.2 - 11.6)	6,770	5.7%	(5.0 - 6.6)	NS	342	13.1%	(9.4 - 18.0)	7,963	9.8%	(8.8 - 10.9)	NS	No
<b>Chronic Obstructive Pulmonary Disease (COPD)</b>																						
Ever told they have COPD																						
2011	1,015	6.2%	(4.8 - 7.9)	25,280	5.0%	(4.6 - 5.3)	NS	420	6.1%	(4.2 - 8.9)	10,171	4.4%	(3.9 - 4.9)	NS	595	6.2%	(4.4 - 8.5)	15,109	5.5%	(5.0 - 6.0)	NS	No
2012	747	5.1%	(3.5 - 7.3)	19,075	5.3%	(4.9 - 5.8)	NS	317	5.5%	(3.2 - 9.4)	7,832	4.7%	(4.1 - 5.3)	NS	430	4.6%	(2.9 - 7.4)	11,243	6.0%	(5.4 - 6.6)	NS	No
2013	699	8.5%	(6.1 - 11.6)	17,035	5.3%	(4.9 - 5.8)	+	291	10.7%	(6.8 - 16.5)	6,932	4.8%	(4.2 - 5.5)	+	408	6.3%	(4.2 - 9.5)	10,103	5.8%	(5.2 - 6.6)	NS	No
2014	912	6.8%	(5.1 - 9.0)	22,313	5.8%	(5.3 - 6.2)	NS	368	8.1%	(5.4 - 12.0)	9,555	5.5%	(4.9 - 6.2)	NS	544	5.4%	(3.6 - 8.1)	12,758	6.1%	(5.5 - 6.7)	NS	No
2015	670	5.2%	(3.5 - 7.7)	17,466	5.4%	(5.0 - 5.9)	NS	277	4.0%*	(2.0 - 7.7)	7,536	4.8%	(4.2 - 5.4)	NS	393	6.5%	(4.0 - 10.3)	9,930	6.1%	(5.5 - 6.7)	NS	No
2016	634	6.7%	(4.8 - 9.4)	15,119	5.8%	(5.3 - 6.4)	NS	261	7.5%	(4.6 - 12.2)	6,612	5.1%	(4.4 - 6.0)	NS	373	6.0%	(3.9 - 9.0)	8,507	6.5%	(5.7 - 7.4)	NS	No
2017	681	5.7%	(4.1 - 7.9)	15,296	5.7%	(5.2 - 6.2)	NS	303	4.1%*	(2.2 - 7.4)	6,941	4.9%	(4.3 - 5.7)	NS	378	7.3%	(4.9 - 10.8)	8,348	6.5%	(5.7 - 7.3)	NS	No
2018	638	6.4%	(4.7 - 8.6)	14,572	6.3%	(5.8 - 6.9)	NS	255	6.8%	(4.4 - 10.4)	6,534	6.1%	(5.4 - 7.0)	NS	382	6.0%	(3.9 - 9.0)	8,024	6.5%	(5.7 - 7.3)	NS	No
2019	714	5.9%	(4.4 - 7.8)	15,792	5.7%	(5.2 - 6.2)	NS	288	5.0%	(3.3 - 7.7)	7,117	4.7%	(4.1 - 5.3)	NS	426	6.7%	(4.5 - 9.7)	8,675	6.7%	(6.0 - 7.5)	NS	No
2020	642	7.5%	(5.7 - 9.7)	14,749	5.2%	(4.7 - 5.7)	+	300	6.6%	(4.3 - 9.8)	6,782	4.6%	(4.0 - 5.3)	NS	342	8.4%	(5.8 - 11.9)	7,967	5.7%	(5.0 - 6.4)	NS	No
<b>Kidney Disease</b>																						
Ever told they have kidney disease																						
2011	1,012	3.4%	(2.2 - 5.3)	25,345	2.2%	(2.0 - 2.4)	NS	421	4.1%*	(2.3 - 7.4)	10,208	2.1%	(1.8 - 2.5)	NS	591	2.8%*	(1.5 - 5.1)	15,137	2.2%	(2.0 - 2.5)	NS	No
2012	748	3.4%	(2.1 - 5.5)	19,122	2.4%	(2.2 - 2.7)	NS	317	1.4%*	(0.7 - 2.9)	7,850	2.2%	(1.8 - 2.6)	NS	431	5.4%	(3.0 - 9.4)	11,272	2.7%	(2.3 - 3.1)	NS	Yes
2013	694	3.4%*	(1.8 - 6.2)	17,080	2.0%	(1.8 - 2.3)	NS	287	4.8%*	(2.3 - 9.6)	6,953	1.9%	(1.5 - 2.4)	NS	407	2.1%*	(0.7 - 6.2)	10,127	2.1%	(1.8 - 2.6)	NS	No
2014	914	2.4%	(1.6 - 3.6)	22,362	2.1%	(1.9 - 2.4)	NS	369	2.9%	(1.7 - 5.0)	9,586	2.0%	(1.7 - 2.4)	NS	545	1.8%*	(1.0 - 3.4)	12,776	2.3%	(2.0 - 2.6)	NS	No
2015	668	3.3%	(2.0 - 5.5)	17,502	2.4%	(2.1 - 2.7)	NS	276	3.1%*	(1.4 - 6.8)	7,550	2.2%	(1.8 - 2.7)	NS	392	3.5%*	(1.8 - 6.6)	9,952	2.5%	(2.1 - 2.9)	NS	No
2016	637	3.4%	(2.1 - 5.6)	15,150	2.8%	(2.4 - 3.2)	NS	261	2.1%*	(1.0 - 4.4)	6,624	2.2%	(1.8 - 2.8)	NS	376	4.7%*	(2.5 - 8.9)	8,526	3.4%	(2.8 - 4.0)	NS	No
2017	680	3.3%	(2.1 - 5.0)	15,295	2.9%	(2.5 - 3.3)	NS	302	1.7%*	(0.8 - 3.4)	6,944	2.2%	(1.8 - 2.7)	NS	378	4.8%	(2.8 - 8.1)	8,344	3.5%	(3.0 - 4.2)	NS	No
2018	639	2.1%	(1.2 - 3.7)	14,588	2.7%	(2.3 - 3.1)	NS	256	2.5%*	(1.1 - 5.5)	6,540	2.5%	(2.1 - 3.1)	NS	382	1.7%*	(0.8 - 3.8)	8,034	2.8%	(2.4 - 3.4)	NS	No
2019	716	2.6%	(1.7 - 4.0)	15,818	2.4%	(2.1 - 2.7)	NS	289	2.0%*	(0.9 - 4.3)	7,130	2.1%	(1.7 - 2.5)	NS	427	3.2%	(1.9 - 5.4)	8,688	2.7%	(2.3 - 3.3)	NS	No
2020	645	2.5%	(1.4 - 4.5)	14,766	2.6%	(2.3 - 3.0)	NS	302	2.5%*	(1.1 - 5.6)	6,795	2.5%	(2.0 - 3.0)	NS	343	2.5%*	(1.1 - 5.6)	7,971	2.7%	(2.3 - 3.3)	NS	No
<b>Tobacco &amp; E-Cigarettes</b>																						
Current cigarette smoking <sup>a</sup>																						
2011	1,015	21.3%	(18.1 - 24.7)	25,324	20.0%	(19.3 - 20.7)	NS	420	23.3%	(18.7 - 28.7)	10,189	22.1%	(21.0 - 23.3)	NS	595	19.2%	(15.3 - 23.9)	15,135	17.9%	(17.0 - 18.9)	NS	No
2012	741	20.6%	(16.9 - 24.9)	18,985	19.7%	(18.9 - 20.6)	NS	314	25.9%	(20.2 - 32.6)	7,801	21.4%	(20.1 - 22.7)	NS	427	15.4%	(11.2 - 21.0)	11,184	18.1%	(17.0 - 19.2)	NS	No
2013	683	21.3%	(17.1 - 26.1)	16,687	18.5%	(17.5 - 19.5)	NS	285	24.0%	(17.6 - 32.0)	6,790	19.8%	(18.3 - 21.4)	NS	398	18.6%	(14.0 - 24.2)	9,897	17.2%	(15.9 - 18.5)	NS	No
2014	879	16.2%	(12.9 - 20.3)	21,729	17.3%	(16.5 - 18.2)	NS	354	17.5%	(12.1 - 24.5)	9,311	18.5%	(17.3 - 19.9)	NS	525	15.1%	(11.3 - 19.7)	12,418	16.2%	(15.1 - 17.3)	NS	No
2015	656	18.7%	(14.6 - 23.6)	17,079	17.1%	(16.2 - 18.1)	NS	269	20.7%	(14.5 - 28.7)	7,355	18.4%	(17.0 - 19.9)	NS	387	16.7%	(11.8 - 23.1)	9,724	15.8%	(14.7 - 17.1)	NS	No
2016	622	12.4%	(9.3 - 16.2)	14,790	17.0%	(16.0 - 18.1)	NS	254	12.9%	(8.3 - 19.4)	6,463	18.6%	(17.1 - 20.3)	NS	368	11.8%	(8.2 - 16.7)	8,327	15.4%	(14.1 - 16.8)	NS	No
2017	659	15.6%	(12.4 - 19.5)	14,849	15.4%	(14.5 - 16.4)	NS	292	19.0%	(13.8 - 25.6)	6,729											





Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Central District			State of NE		Sig <sup>d</sup>	Central District			State of NE		Sig <sup>d</sup>	Central District				State of NE		Sig <sup>d</sup>			
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)				
Current e-cigarette use																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	624	5.5%*	(3.0 - 9.9)	14,819	4.9%	(4.3 - 5.6)	NS	255	8.0%*	(3.7 - 16.4)	6,474	5.3%	(4.5 - 6.4)	NS	369	3.1%*	(1.3 - 7.1)	8,345	4.5%	(3.7 - 5.6)	NS	No
2017	653	2.7%	(1.5 - 4.6)	14,763	3.8%	(3.3 - 4.4)	NS	289	4.4%*	(2.3 - 8.2)	6,690	4.7%	(3.9 - 5.7)	NS	364	0.9%*	(0.3 - 2.5)	8,067	3.0%	(2.4 - 3.8)	NS	No
2018	612	4.8%	(2.9 - 7.8)	13,966	5.6%	(5.0 - 6.3)	NS	247	7.5%	(4.2 - 13.2)	6,242	6.7%	(5.7 - 7.9)	NS	364	2.0%*	(0.8 - 5.4)	7,714	4.6%	(3.8 - 5.5)	NS	No
2019	686	4.8%	(2.7 - 8.4)	15,127	5.9%	(5.3 - 6.6)	NS	278	6.4%*	(2.9 - 13.6)	6,839	6.7%	(5.8 - 7.8)	NS	408	3.1%*	(1.5 - 6.3)	8,288	5.2%	(4.4 - 6.2)	NS	No
2020	618	7.0%	(4.6 - 10.5)	14,016	5.9%	(5.2 - 6.6)	NS	289	10.1%	(6.3 - 15.9)	6,413	7.4%	(6.4 - 8.5)	NS	329	3.9%*	(1.6 - 9.1)	7,603	4.4%	(3.6 - 5.3)	NS	No
<b>Overweight and Obesity</b>																						
Obese (BMI=30+) <sup>^</sup>																						
2011	963	32.6%	(29.0 - 36.5)	24,366	28.4%	(27.6 - 29.2)	NS	415	31.4%	(26.2 - 37.1)	10,102	29.2%	(28.0 - 30.4)	NS	548	33.9%	(29.0 - 39.1)	14,264	27.6%	(26.5 - 28.8)	+	No
2012	716	33.3%	(28.9 - 38.0)	18,385	28.6%	(27.7 - 29.6)	NS	314	38.5%	(31.9 - 45.7)	7,781	29.2%	(27.9 - 30.6)	+	402	27.9%	(22.6 - 33.9)	10,604	28.1%	(26.8 - 29.3)	NS	No
2013	662	35.7%	(30.7 - 41.0)	16,250	29.6%	(28.4 - 30.7)	NS	284	39.6%	(32.4 - 47.2)	6,860	30.8%	(29.1 - 32.5)	NS	378	31.7%	(25.0 - 39.2)	9,390	28.4%	(26.9 - 29.9)	NS	No
2014	853	36.5%	(31.9 - 41.4)	21,130	30.2%	(29.2 - 31.3)	+	364	39.6%	(32.8 - 47.0)	9,399	31.7%	(30.2 - 33.2)	NS	489	32.9%	(27.0 - 39.4)	11,731	28.7%	(27.4 - 30.1)	NS	No
2015	623	29.8%	(25.3 - 34.7)	16,265	31.4%	(30.3 - 32.5)	NS	270	25.7%	(19.6 - 32.9)	7,323	32.9%	(31.3 - 34.6)	NS	353	34.2%	(28.0 - 41.0)	8,942	29.8%	(28.3 - 31.3)	NS	No
2016	596	38.2%	(33.0 - 43.7)	14,173	32.0%	(30.8 - 33.2)	NS	254	42.2%	(34.4 - 50.5)	6,460	32.6%	(30.8 - 34.3)	+	342	34.0%	(27.5 - 41.1)	7,713	31.4%	(29.7 - 33.1)	NS	No
2017	631	36.3%	(32.0 - 40.9)	14,330	32.8%	(31.6 - 34.0)	NS	295	36.4%	(30.1 - 43.2)	6,753	33.2%	(31.5 - 34.9)	NS	336	36.2%	(30.5 - 42.4)	7,574	32.3%	(30.6 - 34.0)	NS	No
2018	586	37.6%	(32.9 - 42.4)	13,669	34.1%	(32.9 - 35.3)	NS	249	35.9%	(29.2 - 43.3)	6,334	34.5%	(32.8 - 36.2)	NS	336	39.2%	(33.1 - 45.6)	7,331	33.7%	(32.1 - 35.4)	NS	No
2019	650	38.4%	(33.9 - 43.1)	14,710	34.1%	(33.0 - 35.2)	NS	277	34.6%	(28.4 - 41.3)	6,891	33.6%	(32.1 - 35.1)	NS	373	42.5%	(36.3 - 48.9)	7,819	34.7%	(33.2 - 36.3)	NS	No
2020	583	39.8%	(35.0 - 44.9)	13,601	34.0%	(32.8 - 35.2)	NS	286	42.3%	(35.7 - 49.3)	6,503	34.7%	(33.0 - 36.4)	NS	297	37.0%	(30.1 - 44.5)	7,098	33.3%	(31.6 - 35.0)	NS	No
Overweight or Obese (BMI=25+)																						
2011	963	69.0%	(65.1 - 72.6)	24,366	64.9%	(64.0 - 65.8)	NS	415	75.9%	(70.2 - 80.8)	10,102	72.8%	(71.5 - 74.1)	NS	548	61.7%	(56.4 - 66.7)	14,264	56.8%	(55.5 - 58.1)	NS	Yes
2012	716	69.3%	(64.7 - 73.6)	18,385	65.0%	(64.0 - 66.0)	NS	314	78.9%	(72.5 - 84.2)	7,781	72.3%	(70.8 - 73.7)	NS	402	59.4%	(52.7 - 65.8)	10,604	57.6%	(56.2 - 59.0)	NS	Yes
2013	662	71.7%	(66.8 - 76.1)	16,250	65.5%	(64.2 - 66.7)	+	284	82.3%	(75.9 - 87.3)	6,860	72.2%	(70.4 - 74.0)	+	378	60.7%	(53.6 - 67.4)	9,390	58.5%	(56.8 - 60.2)	NS	Yes
2014	853	70.6%	(66.0 - 74.8)	21,130	66.7%	(65.6 - 67.8)	NS	364	78.3%	(71.5 - 83.9)	9,399	73.8%	(72.3 - 75.3)	NS	489	61.8%	(55.6 - 67.6)	11,731	59.2%	(57.7 - 60.7)	NS	Yes
2015	623	70.8%	(65.6 - 75.5)	16,265	67.0%	(65.6 - 68.2)	NS	270	75.4%	(67.5 - 81.9)	7,323	73.4%	(71.7 - 75.1)	NS	353	65.7%	(58.8 - 72.0)	8,942	60.2%	(58.6 - 61.9)	NS	No
2016	596	75.1%	(70.2 - 79.4)	14,173	68.5%	(67.3 - 69.8)	+	254	81.3%	(74.2 - 86.8)	6,460	74.9%	(73.1 - 76.6)	NS	342	68.5%	(61.6 - 74.6)	7,713	61.8%	(59.9 - 63.6)	NS	No
2017	631	70.9%	(66.2 - 75.3)	14,330	69.0%	(67.8 - 70.2)	NS	295	74.7%	(67.4 - 80.7)	6,753	75.2%	(73.5 - 76.8)	NS	336	66.7%	(60.3 - 72.6)	7,574	62.4%	(60.6 - 64.2)	NS	No
2018	586	75.4%	(71.0 - 79.3)	13,669	68.9%	(67.6 - 70.1)	+	249	79.9%	(73.3 - 85.1)	6,334	73.9%	(72.2 - 75.5)	NS	336	70.3%	(64.3 - 75.7)	7,331	63.7%	(61.9 - 65.4)	NS	No
2019	650	75.1%	(70.0 - 79.5)	14,710	69.0%	(67.9 - 70.1)	NS	277	77.8%	(69.6 - 84.2)	6,891	73.4%	(71.8 - 74.9)	NS	373	72.1%	(65.7 - 77.8)	7,819	64.4%	(62.8 - 66.0)	NS	No
2020	583	72.9%	(68.4 - 77.0)	13,601	69.8%	(68.6 - 71.0)	NS	286	80.3%	(74.5 - 85.1)	6,503	75.3%	(73.6 - 76.8)	NS	297	64.6%	(57.6 - 71.0)	7,098	64.0%	(62.2 - 65.7)	NS	Yes
<b>Nutrition</b>																						
Consumed sugar-sweetened beverages 1 or more times per day in past 30 days																						
2011																						
2012																						
2013	305	33.7%	(26.7 - 41.4)	7,822	28.5%	(26.8 - 30.3)	NS	135	43.3%*	(32.6 - 54.7)	3,164	35.8%	(33.1 - 38.5)	NS	170	22.5%	(15.6 - 31.2)	4,658	21.7%	(19.7 - 24.0)	NS	Yes
2014																						
2015																						
2016																						
2017																						
2018																						
2019																						
2020																						
Currently watching or reducing sodium or salt intake																						
2011																						
2012																						
2013	307	53.4%	(46.1 - 60.5)	7,818	46.3%	(44.6 - 48.1)	NS	136	52.3%*	(41.4 - 63.0)	3,165	43.4%	(40.8 - 46.0)	NS	171	54.6%	(45.2 - 63.7)	4,653	49.1%	(46.8 - 51.5)	NS	No
2014																						
2015	291	39.8%	(32.7 - 47.3)	7,892	46.8%	(45.0 - 48.5)	NS	111	33.8%*	(23.6 - 45.7)	3,436	46.0%	(43.4 - 48.7)	NS	180	44.7%	(35.6 - 54.1)	4,456	47.5%	(45.2 - 49.8)	NS	No
2016																						
2017																						
2018	295	44.0%	(37.6 - 50.5)	6,616	44.0%	(42.3 - 45.8)	NS	110	46.2%*	(36.0 - 56.8)	2,950	43.0%	(40.4 - 45.6)	NS	185	42.3%	(34.4 - 50.6)	3,663	45.0%	(42.6 - 47.4)	NS	No
2019	326	44.4%	(38.1 - 50.8)	7,009	40.4%	(38.8 - 42.0)	NS	128	41.3%	(32.0 - 51.2)	3,144	38.4%	(36.1 - 40.8)	NS	198	47.0%	(38.8 - 55.4)	3,865	42.3%	(40.1 - 44.6)	NS	No
2020																						





Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Central District			State of NE		Central District			State of NE		Central District			State of NE								
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>							
<b>Injury</b>																						
Always wear a seatbelt when driving or riding in a car <sup>a</sup>																						
2011	972	65.5%	(61.6 - 69.2)	24,208	71.3%	(70.5 - 72.1)	-	401	55.5%	(49.5 - 61.3)	9,683	63.7%	(62.4 - 65.0)	-	571	75.3%	(70.6 - 79.5)	14,525	78.6%	(77.5 - 79.5)	NS	Yes
2012	738	61.4%	(56.4 - 66.2)	18,851	69.7%	(68.7 - 70.6)	-	313	55.6%	(48.4 - 62.6)	7,731	61.7%	(60.2 - 63.2)	NS	425	67.1%	(59.9 - 73.5)	11,120	77.3%	(76.1 - 78.4)	-	No
2013	654	67.9%	(62.9 - 72.5)	16,053	74.1%	(73.0 - 75.2)	-	265	60.6%	(52.9 - 67.8)	6,520	67.0%	(65.3 - 68.7)	NS	389	74.8%	(68.1 - 80.4)	9,533	80.8%	(79.5 - 82.1)	NS	Yes
2014	872	69.7%	(65.0 - 73.9)	21,599	72.4%	(71.5 - 73.3)	NS	351	62.0%	(54.5 - 68.9)	9,241	64.7%	(63.2 - 66.2)	NS	521	77.2%	(71.9 - 81.7)	12,358	79.8%	(78.7 - 80.9)	NS	Yes
2015	617	66.0%	(60.4 - 71.2)	16,136	75.4%	(74.4 - 76.4)	-	247	57.3%	(48.4 - 65.7)	6,900	68.2%	(66.5 - 69.9)	-	370	74.2%	(67.6 - 79.8)	9,236	82.3%	(81.1 - 83.4)	-	Yes
2016	613	68.8%	(63.4 - 73.7)	14,628	73.8%	(72.7 - 74.9)	NS	251	61.9%	(53.4 - 69.7)	6,370	66.8%	(65.0 - 68.5)	NS	362	75.6%	(69.0 - 81.3)	8,258	80.6%	(79.2 - 81.8)	NS	No
2017	630	72.5%	(68.0 - 76.7)	14,160	76.3%	(75.2 - 77.3)	NS	279	62.1%	(54.7 - 69.0)	6,393	70.4%	(68.8 - 72.0)	NS	351	82.8%	(78.0 - 86.8)	7,762	82.0%	(80.7 - 83.3)	NS	Yes
2018	607	68.9%	(64.2 - 73.3)	13,968	75.2%	(74.1 - 76.2)	-	244	63.6%	(56.1 - 70.5)	6,256	69.0%	(67.4 - 70.6)	NS	362	74.2%	(68.2 - 79.4)	7,702	81.1%	(79.8 - 82.4)	-	No
2019																						
2020	612	72.0%	(67.5 - 76.1)	14,029	76.7%	(75.7 - 77.7)	NS	285	65.8%	(59.1 - 72.0)	6,434	70.2%	(68.6 - 71.7)	NS	327	78.1%	(72.1 - 83.1)	7,595	83.0%	(81.8 - 84.2)	NS	Yes
Texted while driving in past 30 days																						
2011																						
2012	378	22.8%	(17.6 - 29.1)	11,451	26.8%	(25.6 - 27.9)	NS	152	20.1%	(12.9 - 30.0)	4,757	29.2%	(27.5 - 31.0)	NS	226	25.2%	(18.3 - 33.8)	6,694	24.4%	(22.8 - 26.0)	NS	No
2013																						
2014																						
2015	309	16.6%	(11.6 - 23.2)	7,620	24.9%	(23.3 - 26.6)	-	131	16.0%	(9.6 - 25.6)	3,209	27.6%	(25.0 - 30.3)	NS	178	17.2%*	(10.4 - 27.2)	4,411	22.3%	(20.3 - 24.4)	NS	No
2016																						
2017	268	31.6%	(25.1 - 38.9)	6,452	26.6%	(24.9 - 28.4)	NS	125	38.8%*	(29.1 - 49.5)	2,894	29.9%	(27.4 - 32.6)	NS	143	24.9%*	(16.9 - 35.2)	3,555	23.4%	(21.2 - 25.8)	NS	No
2018																						
2019																						
2020																						
Talked on a cell phone while driving in past 30 days																						
2011																						
2012	375	70.4%	(64.6 - 75.7)	11,424	69.1%	(68.0 - 70.2)	NS	151	70.3%	(61.0 - 78.2)	4,742	71.5%	(69.9 - 73.2)	NS	224	70.5%	(63.0 - 77.1)	6,682	66.7%	(65.2 - 68.2)	NS	No
2013																						
2014																						
2015	310	64.3%	(56.7 - 71.3)	7,604	67.0%	(65.3 - 68.6)	NS	131	63.6%*	(51.6 - 74.2)	3,203	71.0%	(68.5 - 73.3)	NS	179	65.0%	(55.3 - 73.6)	4,401	63.1%	(60.8 - 65.2)	NS	No
2016																						
2017	267	64.0%	(57.1 - 70.3)	6,436	66.5%	(64.8 - 68.2)	NS	125	75.3%	(65.9 - 82.8)	2,888	71.2%	(68.7 - 73.6)	NS	142	53.4%	(43.8 - 62.8)	3,545	61.9%	(59.5 - 64.3)	NS	Yes
2018																						
2019																						
2020																						
Had a fall in past year, aged 45 years and older																						
2011																						
2012	544	26.9%	(22.5 - 31.8)	13,738	28.8%	(27.7 - 29.9)	NS	231	23.9%	(17.9 - 31.1)	5,384	26.9%	(25.3 - 28.5)	NS	313	30.1%	(24.0 - 36.9)	8,354	30.5%	(29.1 - 31.9)	NS	No
2013																						
2014	676	24.0%	(20.1 - 28.3)	15,671	26.1%	(25.1 - 27.1)	NS	278	24.6%	(18.8 - 31.5)	6,513	24.5%	(23.0 - 26.1)	NS	398	23.3%	(18.5 - 28.8)	9,158	27.6%	(26.2 - 29.0)	NS	No
2015																						
2016	461	29.5%	(24.5 - 35.0)	10,369	29.0%	(27.7 - 30.3)	NS	180	27.1%	(19.9 - 35.7)	4,333	28.1%	(26.2 - 30.1)	NS	281	31.7%	(25.2 - 38.9)	6,036	29.7%	(28.0 - 31.5)	NS	No
2017																						
2018	427	26.1%	(21.6 - 31.1)	9,873	25.3%	(24.0 - 26.5)	NS	163	24.6%	(17.9 - 32.8)	4,281	23.3%	(21.5 - 25.1)	NS	263	27.6%	(22.0 - 33.9)	5,586	27.1%	(25.4 - 28.9)	NS	No
2019																						
2020	446	26.1%	(21.7 - 30.9)	9,698	23.7%	(22.5 - 24.9)	NS	203	19.8%	(14.4 - 26.8)	4,173	22.7%	(21.0 - 24.5)	NS	243	32.2%	(25.9 - 39.2)	5,525	24.5%	(23.0 - 26.2)	NS	No
Injured due to a fall in past year, aged 45 years and older																						
2011																						
2012	544	9.1%	(6.6 - 12.5)	13,719	9.9%	(9.2 - 10.6)	NS	231	5.4%*	(2.9 - 10.0)	5,377	7.7%	(6.7 - 8.7)	NS	313	13.0%	(9.0 - 18.5)	8,342	11.8%	(10.9 - 12.9)	NS	No
2013																						
2014	676	7.5%	(5.2 - 10.6)	15,647	8.8%	(8.2 - 9.5)	NS	278	7.8%	(4.4 - 13.4)	6,502	6.8%	(6.0 - 7.7)	NS	398	7.1%	(4.7 - 10.7)	9,145	10.6%	(9.7 - 11.6)	NS	No
2015																						
2016	461	9.1%	(6.3 - 13.1)	10,367	10.1%	(9.3 - 11.0)	NS	180	6.4%*	(3.1 - 12.6)	4,333	7.8%	(6.8 - 9.0)	NS	281	11.6%	(7.5 - 17.4)	6,034	12.2%	(11.0 - 13.6)	NS	No
2017																						
2018	427	8.6%	(6.1 - 11.9)	9,865	9.7%	(8.8 - 10.6)	NS	163	8.4%	(4.8 - 14.2)	4,279	7.7%	(6.6 - 9.1)	NS	263	8.8%	(5.8 - 13.1)	5,580	11.5%	(10.3 - 12.9)	NS	No
2019																						
2020	446	10.0%	(7.4 - 13.3)	9,687	8.0%	(7.3 - 8.8)	NS	203	4.5%*	(2.3 - 8.7)	4,166	6.8%	(5.8 - 7.9)	NS	243	15.3%	(11.0 - 20.9)	5,521	9.1%	(8.1 - 10.3)	+	Yes

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Central District			State of NE		Sig <sup>d</sup>	Central District			State of NE		Sig <sup>d</sup>	Central District				State of NE		Sig <sup>d</sup>			
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)
<b>Mental Health</b>																						
Ever told they have depression																						
2011	1,015	20.4%	(17.5 - 23.6)	25,333	16.8%	(16.2 - 17.5)	NS	423	12.8%	(9.5 - 16.9)	10,198	11.5%	(10.7 - 12.4)	NS	592	27.9%	(23.5 - 32.7)	15,135	22.0%	(21.0 - 23.0)	+	Yes
2012	746	15.7%	(12.7 - 19.2)	19,115	16.7%	(16.0 - 17.5)	NS	317	10.7%	(7.3 - 15.4)	7,853	12.4%	(11.4 - 13.5)	NS	429	20.6%	(15.9 - 26.1)	11,262	20.9%	(19.8 - 22.1)	NS	Yes
2013	697	20.1%	(16.5 - 24.2)	17,065	18.2%	(17.3 - 19.2)	NS	290	13.8%	(9.5 - 19.6)	6,940	12.9%	(11.6 - 14.2)	NS	407	26.3%	(21.0 - 32.3)	10,125	23.4%	(22.0 - 24.8)	NS	Yes
2014	915	15.3%	(12.4 - 18.6)	22,346	17.7%	(16.9 - 18.6)	NS	371	10.7%	(7.3 - 15.5)	9,582	13.0%	(11.8 - 14.2)	NS	544	19.8%	(15.6 - 24.7)	12,764	22.3%	(21.1 - 23.5)	NS	Yes
2015	667	20.9%	(16.9 - 25.4)	17,485	17.5%	(16.7 - 18.5)	NS	276	14.9%	(9.7 - 22.2)	7,534	12.4%	(11.3 - 13.7)	NS	391	26.9%	(21.5 - 33.0)	9,951	22.5%	(21.2 - 23.8)	NS	No
2016	637	16.5%	(13.1 - 20.6)	15,138	17.8%	(16.8 - 18.8)	NS	261	10.4%	(6.5 - 16.3)	6,609	12.1%	(10.9 - 13.4)	NS	376	22.6%	(17.5 - 28.6)	8,529	23.4%	(21.8 - 25.0)	NS	Yes
2017	677	20.2%	(16.7 - 24.3)	15,299	19.4%	(18.5 - 20.5)	NS	299	17.5%	(12.5 - 24.0)	6,937	13.0%	(11.8 - 14.2)	NS	378	22.9%	(18.3 - 28.2)	8,355	25.8%	(24.3 - 27.3)	NS	No
2018	640	16.1%	(13.2 - 19.6)	14,608	17.3%	(16.3 - 18.3)	NS	256	9.4%	(6.3 - 13.8)	6,549	11.5%	(10.3 - 12.8)	NS	383	22.9%	(18.2 - 28.3)	8,045	22.9%	(21.5 - 24.5)	NS	Yes
2019	714	15.5%	(12.6 - 18.9)	15,813	16.2%	(15.4 - 17.1)	NS	286	10.0%	(7.0 - 14.2)	7,126	10.6%	(9.7 - 11.7)	NS	428	20.8%	(16.3 - 26.2)	8,687	21.7%	(20.4 - 23.1)	NS	Yes
2020	643	20.7%	(17.2 - 24.7)	14,748	16.8%	(15.8 - 17.7)	NS	301	15.3%	(11.2 - 20.6)	6,785	11.4%	(10.3 - 12.5)	NS	342	26.0%	(20.7 - 32.2)	7,963	22.1%	(20.6 - 23.6)	NS	Yes
Frequent Mental Distress in past 30 days																						
2011	999	12.4%	(10.0 - 15.3)	25,036	9.2%	(8.7 - 9.7)	+	418	11.2%	(7.9 - 15.6)	10,097	7.7%	(7.0 - 8.4)	NS	581	13.7%	(10.5 - 17.7)	14,939	10.7%	(9.9 - 11.5)	NS	No
2012	742	6.2%	(4.5 - 8.5)	18,935	9.0%	(8.4 - 9.7)	NS	315	4.3%	(2.5 - 7.5)	7,786	7.4%	(6.6 - 8.3)	NS	427	8.1%	(5.4 - 11.8)	11,149	10.6%	(9.7 - 11.5)	NS	No
2013	688	12.1%	(9.0 - 15.9)	16,889	8.9%	(8.2 - 9.6)	NS	286	10.3%	(6.3 - 16.4)	6,889	6.8%	(5.9 - 7.9)	NS	402	13.8%	(9.7 - 19.2)	10,000	10.9%	(9.8 - 12.0)	NS	No
2014	911	6.6%	(4.7 - 9.0)	22,132	8.2%	(7.6 - 8.8)	NS	370	4.5%*	(2.5 - 8.1)	9,483	6.4%	(5.6 - 7.3)	NS	541	8.6%	(5.9 - 12.3)	12,649	9.9%	(9.0 - 10.8)	NS	No
2015	666	10.4%	(7.7 - 14.0)	17,369	8.9%	(8.2 - 9.6)	NS	275	7.8%	(4.3 - 13.7)	7,491	6.9%	(6.0 - 7.9)	NS	391	13.1%	(9.3 - 18.2)	9,878	10.8%	(9.8 - 11.9)	NS	No
2016	628	7.2%	(5.0 - 10.4)	15,035	9.5%	(8.7 - 10.4)	NS	257	6.1%*	(3.1 - 11.5)	6,568	7.0%	(6.0 - 8.1)	NS	371	8.4%	(5.5 - 12.7)	8,467	12.0%	(10.8 - 13.3)	NS	No
2017	672	11.0%	(8.3 - 14.6)	15,179	10.5%	(9.7 - 11.4)	NS	299	9.7%	(5.9 - 15.7)	6,894	7.6%	(6.7 - 8.6)	NS	373	12.3%	(8.8 - 16.9)	8,278	13.4%	(12.2 - 14.7)	NS	No
2018	633	12.0%	(9.1 - 15.6)	14,490	11.2%	(10.4 - 12.1)	NS	254	9.9%	(6.1 - 15.8)	6,498	9.2%	(8.1 - 10.4)	NS	378	14.0%	(10.2 - 19.0)	7,979	13.2%	(12.0 - 14.5)	NS	No
2019	707	10.8%	(8.3 - 14.0)	15,699	11.3%	(10.5 - 12.1)	NS	286	8.3%	(5.4 - 12.6)	7,076	8.6%	(7.7 - 9.6)	NS	421	13.4%	(9.6 - 18.2)	8,623	13.9%	(12.7 - 15.1)	NS	No
2020	645	12.7%	(9.7 - 16.3)	14,624	11.9%	(11.1 - 12.8)	NS	303	8.5%	(5.4 - 13.3)	6,735	9.1%	(8.1 - 10.3)	NS	342	16.9%	(12.3 - 22.6)	7,889	14.6%	(13.3 - 15.9)	NS	No
Currently taking medication or receiving treatment for a mental health condition																						
2011																						
2012	328	13.2%	(8.8 - 19.3)	6,643	11.0%	(10.0 - 12.1)	NS	153	7.2%*	(3.3 - 15.2)	2,693	7.4%	(6.2 - 8.9)	NS	175	20.3%*	(12.9 - 30.6)	3,950	14.5%	(12.9 - 16.2)	NS	No
2013																						
2014																						
2015																						
2016																						
2017																						
2018																						
2019																						
2020																						
Symptoms of serious mental illness in past 30 days																						
2011																						
2012	319	3.8%*	(1.9 - 7.5)	6,555	3.2%	(2.6 - 3.9)	NS	150	2.6%*	(0.9 - 7.5)	2,657	2.5%	(1.8 - 3.7)	NS	169	5.3%*	(2.2 - 12.4)	3,898	3.8%	(2.9 - 4.9)	NS	No
2013																						
2014																						
2015																						
2016																						
2017																						
2018																						
2019																						
2020																						
<b>Alcohol and Drug Use</b>																						
Any alcohol consumption in past 30 days																						
2011	966	56.6%	(52.6 - 60.5)	24,051	61.8%	(60.9 - 62.7)	-	398	66.3%	(60.4 - 71.7)	9,597	67.7%	(66.4 - 69.1)	NS	568	47.3%	(42.2 - 52.4)	14,454	56.2%	(55.0 - 57.4)	-	Yes
2012	739	58.0%	(53.0 - 62.8)	18,891	61.3%	(60.3 - 62.3)	NS	313	64.8%	(57.8 - 71.3)	7,749	68.7%	(67.2 - 70.1)	NS	426	51.4%	(44.6 - 58.0)	11,142	54.2%	(52.8 - 55.6)	NS	No
2013	680	50.9%	(45.8 - 56.0)	16,614	57.5%	(56.2 - 58.7)	-	281	54.3%	(46.7 - 61.6)	6,754	63.3%	(61.4 - 65.2)	NS	399	47.7%	(41.0 - 54.6)	9,860	51.8%	(50.2 - 53.5)	NS	No
2014	876	49.9%	(45.1 - 54.7)	21,612	59.2%	(58.1 - 60.3)	-	355	57.3%	(49.9 - 64.5)	9,246	65.2%	(63.6 - 66.8)	NS	521	42.4%	(36.7 - 48.4)	12,366	53.4%	(52.0 - 54.9)	-	Yes
2015	647	49.7%	(44.4 - 55.0)	16,939	57.6%	(56.4 - 58.8)	-	266	53.1%	(44.8 - 61.3)	7,282	63.8%	(62.0 - 65.5)	-	381	46.4%	(39.8 - 53.1)	9,657	51.6%	(50.0 - 53.2)	NS	No
2016	623	52.9%	(47.6 - 58.2)	14,723	59.8%	(58.5 - 61.0)	-	255	60.3%	(52.0 - 68.1)	6,421	68.0%	(66.1 - 69.8)	NS	368	45.6%	(38.8 - 52.5)	8,302	51.8%	(50.0 - 53.6)	NS	No
2017	649	50.1%	(45.4 - 54.9)	14,640	60.2%	(58.9 - 61.4)	-	287	54.8%	(47.4 - 62.0)	6,630	66.2%	(64.5 - 68.0)	-	362	45.5%	(39.4 - 51.7)	8,004	54.3%	(52.5 - 56.0)	-	No
2018	614	50.8%	(46.0 - 55.6)	14,055	58.8%	(57.5 - 60.0)	-	248	51.3%	(43.8 - 58.8)	6,289	64.2%	(62.5 - 66.0)	-	365	50.2%	(44.1 - 56.3)	7,756	53.5%	(51.8 - 55.3)	NS	No
2019	680	51.6%	(46.8 - 56.4)	15,159	59.5%	(58.3 - 60.6)	-	275	57.8%	(50.2 - 64.9)	6,844	64.2%	(62.6 - 65.8)	NS	405	45.6%	(39.6 - 51.6)	8,315	54.9%	(53.3 - 56.5)	-	No
2020	609	55.6%	(50.7 - 60.4)	14,047	60.0%	(58.8 - 61.2)	NS	283	65.0%	(58.2 - 71.3)	6,439	64.1%	(62.4 - 65.8)	NS	326	46.3%	(39.7 - 53.0)	7,608	56.0%	(54.3 - 57.7)	-	Yes



Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Central District			State of NE		Sig <sup>d</sup>	Central District			State of NE		Sig <sup>d</sup>	Central District				State of NE		Sig <sup>d</sup>			
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)
<b>Immunization and Infectious Disease</b>																						
Had a flu vaccination in past year, aged 18 years and older																						
2011	971	42.3%	(38.5 - 46.1)	24,156	41.1%	(40.2 - 42.0)	NS	400	35.4%	(30.0 - 41.1)	9,663	35.1%	(33.8 - 36.5)	NS	571	49.0%	(43.9 - 54.1)	14,493	46.8%	(45.6 - 48.1)	NS	Yes
2012	740	40.4%	(35.8 - 45.2)	18,903	42.2%	(41.2 - 43.2)	NS	314	38.2%	(31.7 - 45.2)	7,754	36.8%	(35.4 - 38.2)	NS	426	42.6%	(36.3 - 49.1)	11,149	47.5%	(46.1 - 48.8)	NS	No
2013	654	48.0%	(43.0 - 53.1)	16,022	45.2%	(43.9 - 46.4)	NS	264	44.4%	(37.0 - 52.1)	6,506	41.2%	(39.4 - 43.1)	NS	390	51.4%	(44.8 - 57.9)	9,516	48.9%	(47.2 - 50.6)	NS	No
2014	875	45.3%	(40.6 - 50.1)	21,638	43.9%	(42.9 - 45.0)	NS	353	44.5%	(37.4 - 51.8)	9,262	38.8%	(37.3 - 40.4)	NS	522	46.1%	(40.2 - 52.2)	12,376	48.9%	(47.4 - 50.3)	NS	No
2015	616	45.0%	(39.8 - 50.4)	16,091	47.2%	(46.0 - 48.4)	NS	246	35.2%	(27.8 - 43.4)	6,883	40.8%	(39.0 - 42.6)	NS	370	54.0%	(47.2 - 60.7)	9,208	53.4%	(51.7 - 55.0)	NS	Yes
2016	617	36.2%	(31.5 - 41.2)	14,685	44.4%	(43.1 - 45.7)	-	251	27.4%	(21.1 - 34.6)	6,401	39.4%	(37.5 - 41.3)	-	366	44.9%	(38.3 - 51.6)	8,284	49.3%	(47.6 - 51.1)	NS	Yes
2017	628	47.0%	(42.3 - 51.9)	14,101	46.7%	(45.4 - 48.0)	NS	278	38.8%	(32.1 - 46.0)	6,365	41.3%	(39.5 - 43.2)	NS	350	55.2%	(48.7 - 61.5)	7,731	51.9%	(50.1 - 53.7)	NS	Yes
2018	607	36.5%	(32.0 - 41.1)	14,007	39.4%	(38.2 - 40.6)	NS	243	32.0%	(25.7 - 39.1)	6,272	36.4%	(34.7 - 38.2)	NS	363	40.7%	(34.9 - 46.8)	7,725	42.2%	(40.6 - 43.9)	NS	No
2019	654	50.9%	(46.0 - 55.8)	14,470	49.0%	(47.9 - 50.2)	NS	263	43.1%	(36.0 - 50.4)	6,530	42.6%	(41.0 - 44.3)	NS	391	58.6%	(52.3 - 64.8)	7,940	55.3%	(53.7 - 56.9)	NS	Yes
2020	612	50.6%	(45.8 - 55.5)	14,063	53.2%	(52.0 - 54.5)	NS	285	45.5%	(38.8 - 52.3)	6,446	47.0%	(45.2 - 48.8)	NS	327	55.8%	(48.8 - 62.6)	7,617	59.4%	(57.6 - 61.1)	NS	No
Had a flu vaccination in past year, aged 65 years and older <sup>a</sup>																						
2011	334	63.7%	(57.9 - 69.1)	8,185	61.8%	(60.3 - 63.3)	NS	121	61.6%	(51.8 - 70.6)	2,875	59.6%	(57.1 - 62.1)	NS	213	65.2%	(58.1 - 71.6)	5,310	63.4%	(61.5 - 65.3)	NS	No
2012	272	61.6%	(53.3 - 69.3)	6,625	62.9%	(61.2 - 64.6)	NS	112	56.8%*	(44.1 - 68.3)	2,327	60.9%	(58.1 - 63.6)	NS	160	67.1%*	(56.7 - 76.0)	4,298	64.4%	(62.4 - 66.5)	NS	No
2013	262	64.6%	(57.6 - 71.0)	5,652	66.2%	(64.2 - 68.1)	NS	100	70.8%*	(59.9 - 79.7)	2,067	67.6%	(64.4 - 70.6)	NS	162	59.8%	(50.6 - 68.3)	3,585	65.0%	(62.6 - 67.4)	NS	No
2014	344	71.4%	(65.3 - 76.8)	7,610	64.7%	(63.2 - 66.2)	NS	138	76.4%	(67.2 - 83.7)	2,971	65.9%	(63.5 - 68.3)	NS	206	66.4%	(58.2 - 73.6)	4,639	63.8%	(61.8 - 65.7)	NS	No
2015	213	64.1%	(55.5 - 72.0)	5,578	65.2%	(63.4 - 67.0)	NS	78	58.4%*	(44.4 - 71.1)	2,119	64.1%	(61.1 - 66.9)	NS	135	69.3%*	(58.9 - 78.0)	3,459	66.1%	(63.9 - 68.2)	NS	No
2016	252	63.6%	(56.1 - 70.5)	5,130	62.7%	(60.8 - 64.6)	NS	98	61.5%*	(49.6 - 72.2)	1,967	62.8%	(59.8 - 65.6)	NS	154	65.4%	(55.7 - 74.0)	3,163	62.7%	(60.2 - 65.1)	NS	No
2017	225	71.5%	(64.5 - 77.6)	4,987	65.5%	(63.6 - 67.4)	NS	92	68.6%*	(57.2 - 78.1)	2,057	65.1%	(62.2 - 68.0)	NS	133	73.6%	(64.4 - 81.1)	2,929	65.8%	(63.2 - 68.2)	NS	No
2018	215	55.2%	(47.6 - 62.5)	5,191	57.9%	(56.0 - 59.9)	NS	79	55.3%*	(42.9 - 67.0)	2,158	58.2%	(55.3 - 61.0)	NS	135	54.6%	(45.2 - 63.8)	3,031	57.7%	(55.1 - 60.3)	NS	No
2019	262	70.8%	(64.1 - 76.7)	5,592	67.5%	(65.8 - 69.1)	NS	96	67.2%*	(56.2 - 76.7)	2,275	67.5%	(64.9 - 69.9)	NS	166	74.0%	(65.9 - 80.8)	3,317	67.4%	(65.2 - 69.6)	NS	No
2020	231	70.4%	(63.4 - 76.6)	5,180	71.7%	(70.0 - 73.4)	NS	96	68.5%*	(57.7 - 77.7)	2,097	70.0%	(67.3 - 72.6)	NS	135	72.0%	(62.4 - 79.9)	3,083	73.1%	(70.9 - 75.3)	NS	No
Ever had a pneumonia vaccination, aged 65 years and older <sup>a</sup>																						
2011	320	70.1%	(64.1 - 75.4)	7,997	70.3%	(68.8 - 71.7)	NS	115	64.8%*	(54.4 - 74.0)	2,772	66.7%	(64.2 - 69.1)	NS	205	73.8%	(66.8 - 79.8)	5,225	72.9%	(71.2 - 74.5)	NS	No
2012	262	62.7%	(54.1 - 70.6)	6,413	70.0%	(68.4 - 71.6)	NS	108	54.4%*	(41.8 - 66.5)	2,225	66.9%	(64.1 - 69.6)	NS	154	71.2%*	(60.3 - 80.1)	4,188	72.3%	(70.3 - 74.1)	NS	No
2013	253	67.4%	(60.2 - 73.9)	5,478	71.7%	(69.8 - 73.4)	NS	95	72.2%*	(61.0 - 81.1)	1,970	71.5%	(68.5 - 74.3)	NS	158	63.8%	(54.3 - 72.4)	3,508	71.8%	(69.4 - 74.0)	NS	No
2014	337	75.3%	(68.3 - 81.2)	7,372	72.3%	(70.9 - 73.7)	NS	132	68.2%*	(56.0 - 78.3)	2,849	70.3%	(67.9 - 72.5)	NS	205	82.3%	(76.2 - 87.1)	4,523	73.9%	(72.1 - 75.7)	+	
2015	209	78.9%	(71.7 - 84.8)	5,452	73.8%	(72.1 - 75.4)	NS	76	82.1%*	(70.8 - 89.7)	2,056	70.3%	(67.4 - 73.0)	NS	133	76.1%	(66.1 - 83.8)	3,396	76.5%	(74.5 - 78.4)	NS	No
2016	250	71.5%	(63.8 - 78.1)	5,060	75.9%	(74.2 - 77.5)	NS	97	73.4%*	(61.5 - 82.6)	1,927	73.7%	(70.9 - 76.3)	NS	153	69.8%*	(59.3 - 78.6)	3,133	77.6%	(75.5 - 79.7)	NS	No
2017	219	82.8%	(76.2 - 87.9)	4,895	78.9%	(77.2 - 80.5)	NS	90	74.1%*	(62.7 - 83.0)	1,996	75.1%	(72.3 - 77.7)	NS	129	89.1%*	(80.7 - 94.1)	2,898	81.8%	(79.8 - 83.7)	NS	No
2018	207	77.2%	(69.8 - 83.2)	5,087	76.6%	(74.9 - 78.2)	NS	73	72.0%*	(58.2 - 82.6)	2,100	74.0%	(71.3 - 76.4)	NS	133	80.8%	(72.6 - 87.0)	2,985	78.7%	(76.5 - 80.8)	NS	No
2019	255	77.1%	(70.9 - 82.3)	5,452	76.1%	(74.5 - 77.6)	NS	92	72.0%*	(61.4 - 80.6)	2,187	71.9%	(69.3 - 74.3)	NS	163	81.6%	(74.2 - 87.2)	3,265	79.4%	(77.5 - 81.3)	NS	No
2020	223	77.3%	(70.4 - 83.0)	5,040	75.3%	(73.6 - 76.9)	NS	92	74.4%*	(63.3 - 83.1)	2,024	73.2%	(70.6 - 75.7)	NS	131	79.7%	(70.6 - 86.5)	3,016	76.9%	(74.7 - 79.0)	NS	No
Had a tetanus vaccination since 2005																						
2011																						
2012																						
2013	604	52.0%	(46.7 - 57.2)	14,650	60.2%	(58.9 - 61.5)	-	245	54.3%	(46.2 - 62.2)	6,015	63.1%	(61.1 - 65.0)	NS	359	49.8%	(43.0 - 56.7)	8,635	57.4%	(55.6 - 59.1)	NS	No
2014																						
2015																						
2016	567	61.0%	(55.4 - 66.3)	13,574	64.2%	(62.9 - 65.4)	NS	233	69.1%	(60.4 - 76.6)	5,939	67.5%	(65.5 - 69.3)	NS	334	53.2%	(46.0 - 60.3)	7,635	60.9%	(59.2 - 62.7)	NS	Yes
2017																						
2018																						
2019	575	70.1%	(64.8 - 74.8)	13,401	75.4%	(74.4 - 76.4)	NS	244	65.8%	(57.5 - 73.3)	6,120	75.7%	(74.2 - 77.2)	-	331	74.5%	(68.4 - 79.8)	7,281	75.1%	(73.7 - 76.5)	NS	No
2020																						
Ever had a shingles vaccination, aged 50 years and older																						
2011																						
2012																						
2013																						
2014	607	33.4%	(29.0 - 38.2)	14,246	27.9%	(26.9 - 28.9)	+	254	31.9%	(25.3 - 39.2)	5,892	25.7%	(24.2 - 27.3)	NS	353	35.2%	(29.5 - 41.4)	8,354	29.8%	(28.4 - 31.3)	NS	No
2015																						
2016																						
2017	390	40.6%	(35.0 - 46.5)	8,982	35.2%	(33.8 - 36.7)	NS	154	37.2%	(28.4 - 46.9)	3,839	32.5%	(30.4 - 34.7)	NS	236	43.3%	(36.4 - 50.5)	5,140	37.6%	(35.7 - 39.6)	NS	No
2018																						
2019																						
2020	403	40.6%	(35.4 - 46.0)	8,784	36.9%	(35.5 - 38.3)	NS	183	39.1%	(31.5 - 47.2)	3,749	35.2%	(33.1 - 37.3)	NS	220	42.0%	(35.0 - 49.4)	5,035	38.5%	(36.6 - 40.4)	NS	No





Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Central District			State of NE		Sig <sup>d</sup>	Central District			State of NE		Sig <sup>d</sup>	Central District				State of NE		Sig <sup>d</sup>			
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)				
Had all permanent teeth extracted due to tooth decay or gum disease, 65-74 year olds <sup>a</sup>																						
2011																						
2012	124	13.3%	(7.6 - 22.4)	3,149	11.3%	(9.9 - 12.8)	NS	62	6.0%*	(2.1 - 15.9)	1,268	9.3%	(7.5 - 11.4)	NS	62	23.9%*	(12.5 - 41.0)	1,881	13.1%	(11.1 - 15.3)	NS	No
2013																						
2014	195	15.7%	(10.5 - 22.8)	4,089	10.9%	(9.6 - 12.3)	NS	89	13.4%*	(7.1 - 23.7)	1,804	12.0%	(9.9 - 14.4)	NS	106	18.7%*	(11.1 - 29.6)	2,285	9.8%	(8.3 - 11.7)	NS	No
2015																						
2016	122	19.2%*	(11.2 - 30.8)	2,815	10.4%	(9.0 - 12.0)	NS	**	**	**	1,168	8.8%	(6.9 - 11.2)		79	17.9%*	(10.2 - 29.4)	1,647	11.8%	(9.9 - 14.1)	NS	
2017																						
2018	121	18.3%	(11.4 - 28.1)	2,948	9.3%	(7.9 - 10.8)	+	**	**	**	1,319	9.2%	(7.4 - 11.4)		73	15.0%*	(7.4 - 27.8)	1,629	9.3%	(7.5 - 11.5)	NS	
2019																						
2020	141	6.2%*	(3.1 - 11.9)	2,971	7.6%	(6.3 - 9.0)	NS	68	6.3%*	(2.2 - 16.5)	1,281	8.1%	(6.2 - 10.5)	NS	73	6.0%*	(2.5 - 14.1)	1,690	7.0%	(5.5 - 9.0)	NS	No
Had teeth cleaned by dentist/hygienist in past year, among those with 1+ permanent teeth																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	569	68.4%	(62.8 - 73.5)	13,764	67.4%	(66.1 - 68.6)	NS	241	63.8%	(55.0 - 71.7)	6,092	63.9%	(62.0 - 65.8)	NS	328	73.2%	(66.3 - 79.2)	7,672	70.8%	(69.1 - 72.5)	NS	No
2017																						
2018	570	63.3%	(58.2 - 68.1)	13,356	65.8%	(64.6 - 67.0)	NS	221	60.5%	(52.5 - 68.1)	6,015	61.2%	(59.3 - 63.0)	NS	348	65.8%	(59.4 - 71.6)	7,328	70.3%	(68.7 - 72.0)	NS	No
2019																						
2020																						
Visited hospital ER for tooth pain or dental problem in past year (excluding injury or trauma)																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017																						
2018																						
2019	635	4.4%	(2.8 - 7.0)	13,815	4.3%	(3.8 - 4.8)	NS	254	2.8%*	(1.2 - 6.5)	6,199	4.6%	(3.9 - 5.4)	NS	381	6.0%	(3.4 - 10.2)	7,616	3.9%	(3.3 - 4.7)	NS	No
2020	593	2.6%*	(1.4 - 4.9)	13,422	2.4%	(2.0 - 2.8)	NS	274	2.6%*	(1.1 - 5.7)	6,108	2.4%	(1.9 - 3.0)	NS	319	2.7%*	(1.0 - 6.9)	7,314	2.4%	(1.8 - 3.1)	NS	No
<b>Eye Care Access and Utilization</b>																						
No health insurance coverage for eye care, aged 40 years and older																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	134	48.7%*	(38.7 - 58.9)	2,824	42.1%	(39.4 - 44.8)	NS	**	**	**	1,204	42.5%	(38.4 - 46.8)		90	49.5%*	(37.3 - 61.7)	1,620	41.6%	(38.2 - 45.2)	NS	
2017	451	42.7%	(37.3 - 48.2)	10,237	44.2%	(42.8 - 45.7)	NS	192	40.3%	(32.1 - 49.1)	4,471	44.9%	(42.7 - 47.1)	NS	259	44.9%	(38.2 - 51.8)	5,763	43.6%	(41.6 - 45.5)	NS	No
2018	445	42.6%	(37.4 - 48.0)	9,986	43.5%	(42.1 - 44.9)	NS	176	38.4%	(30.6 - 46.8)	4,326	42.9%	(40.8 - 45.1)	NS	268	46.5%	(39.9 - 53.3)	5,656	44.0%	(42.1 - 45.9)	NS	No
2019																						
2020																						
Had eye exam by doctor or eye care provider in past year, aged 40 years and older																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	137	72.5%	(62.6 - 80.5)	2,863	61.4%	(58.6 - 64.1)	NS	**	**	**	1,220	58.2%	(53.9 - 62.4)		92	78.2%*	(66.6 - 86.5)	1,643	64.2%	(60.6 - 67.7)	NS	
2017	454	67.0%	(61.3 - 72.2)	10,380	61.8%	(60.4 - 63.3)	NS	193	64.9%	(55.7 - 73.1)	4,532	58.1%	(55.9 - 60.3)	NS	261	68.9%	(62.2 - 75.0)	5,845	65.3%	(63.3 - 67.2)	NS	No
2018	451	66.3%	(61.0 - 71.2)	10,126	62.2%	(60.8 - 63.6)	NS	179	65.1%	(56.7 - 72.6)	4,389	59.7%	(57.5 - 61.8)	NS	271	67.3%	(60.7 - 73.3)	5,733	64.5%	(62.6 - 66.4)	NS	No
2019																						
2020																						

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	Central District			State of NE			Central District			State of NE			Central District			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>
<b>Social Context</b>																						
Housing insecurity in past year, among those who own or rent their home <sup>a</sup>																						
2011																						
2012	296	21.1%	(15.3 - 28.3)	6,089	26.6%	(25.0 - 28.3)	NS	139	14.6%*	(8.2 - 24.7)	2,481	24.7%	(22.3 - 27.3)	NS	157	28.5%*	(19.6 - 39.5)	3,608	28.5%	(26.3 - 30.8)	NS	No
2013	288	33.1%	(25.8 - 41.2)	7,324	28.8%	(27.1 - 30.5)	NS	127	31.6%*	(21.1 - 44.2)	2,961	25.0%	(22.5 - 27.7)	NS	161	34.7%*	(25.4 - 45.4)	4,363	32.3%	(30.0 - 34.7)	NS	No
2014																						
2015	303	29.1%	(22.8 - 36.4)	7,461	28.5%	(26.8 - 30.2)	NS	126	23.9%*	(15.9 - 34.2)	3,109	26.6%	(24.2 - 29.2)	NS	177	34.0%*	(25.0 - 44.3)	4,352	30.3%	(28.1 - 32.5)	NS	No
2016																						
2017																						
2018																						
2019																						
2020																						
Food insecurity in past year <sup>a</sup>																						
2011																						
2012	322	14.4%	(9.7 - 20.8)	6,621	17.6%	(16.2 - 19.0)	NS	149	5.2%*	(2.7 - 9.9)	2,684	13.9%	(12.1 - 16.0)	-	173	25.0%*	(16.2 - 36.5)	3,937	21.1%	(19.1 - 23.2)	NS	Yes
2013	306	25.2%	(18.7 - 33.0)	7,828	19.0%	(17.6 - 20.6)	NS	134	25.5%*	(16.1 - 37.9)	3,159	15.4%	(13.4 - 17.7)	NS	172	24.9%*	(16.9 - 35.0)	4,669	22.5%	(20.5 - 24.6)	NS	No
2014																						
2015	317	23.9%	(18.1 - 30.9)	7,918	21.0%	(19.5 - 22.5)	NS	132	18.1%*	(10.8 - 28.8)	3,309	17.9%	(15.8 - 20.2)	NS	185	29.4%	(21.2 - 39.2)	4,609	24.0%	(22.1 - 26.1)	NS	No
2016																						
2017																						
2018																						
2019																						
2020																						
<b>Caregiving</b>																						
Provided regular care/assistance in past month to friend or family member with health issue																						
2011																						
2012																						
2013																						
2014																						
2015	289	24.0%	(16.9 - 32.9)	7,883	24.7%	(23.2 - 26.2)	NS	111	30.3%*	(17.9 - 46.5)	3,434	21.1%	(19.1 - 23.4)	NS	178	18.8%	(12.8 - 26.8)	4,449	28.0%	(25.9 - 30.2)	NS	No
2016																						
2017																						
2018																						
2019																						
2020																						
<b>Cognitive Decline</b>																						
Experienced more or worsening confusion or memory loss in past year, aged 45 years and older																						
2011																						
2012																						
2013																						
2014																						
2015	209	6.7%	(4.0 - 11.1)	5,767	9.4%	(8.4 - 10.5)	NS	78	8.2%*	(4.1 - 15.6)	2,436	10.2%	(8.7 - 12.0)	NS	131	5.6%*	(2.5 - 11.9)	3,331	8.6%	(7.3 - 10.2)	NS	No
2016																						
2017																						
2018																						
2019	234	6.7%	(4.0 - 11.0)	5,060	9.6%	(8.5 - 10.7)	NS	89	6.5%*	(2.9 - 14.0)	2,169	9.3%	(7.9 - 10.9)	NS	145	6.8%*	(3.4 - 13.0)	2,891	9.8%	(8.4 - 11.4)	NS	No
2020																						
<b>Inadequate Sleep</b>																						
Get less than 7 hours of sleep per day																						
2011																						
2012																						
2013	688	30.8%	(26.3 - 35.8)	16,972	31.8%	(30.6 - 33.0)	NS	288	33.8%	(27.0 - 41.4)	6,927	32.6%	(30.8 - 34.4)	NS	400	27.9%	(22.3 - 34.3)	10,045	31.0%	(29.5 - 32.6)	NS	No
2014	907	26.8%	(23.0 - 31.0)	22,172	30.0%	(29.0 - 31.0)	NS	370	23.3%	(18.1 - 29.5)	9,527	30.7%	(29.2 - 32.2)	NS	537	30.3%	(25.1 - 36.1)	12,645	29.4%	(28.1 - 30.7)	NS	No
2015																						
2016	634	31.2%	(26.3 - 36.5)	15,097	29.6%	(28.4 - 30.8)	NS	261	32.7%	(25.3 - 41.1)	6,610	29.7%	(27.9 - 31.5)	NS	373	29.7%	(23.8 - 36.3)	8,487	29.5%	(27.9 - 31.2)	NS	No
2017																						
2018	636	30.6%	(26.3 - 35.2)	14,535	31.6%	(30.4 - 32.8)	NS	254	34.0%	(27.2 - 41.4)	6,516	32.3%	(30.6 - 34.1)	NS	381	27.3%	(22.3 - 32.8)	8,006	30.9%	(29.3 - 32.5)	NS	No
2019																						
2020	645	29.0%	(24.7 - 33.8)	14,694	28.2%	(27.1 - 29.4)	NS	302	25.7%	(20.3 - 32.1)	6,765	29.5%	(27.9 - 31.1)	NS	343	32.4%	(26.1 - 39.4)	7,929	27.0%	(25.5 - 28.6)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Central District			State of NE		Sig <sup>d</sup>	Central District			State of NE		Sig <sup>d</sup>	Central District				State of NE		Sig <sup>d</sup>			
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)				
<b>Average hours of sleep per day</b>																						
2011																						
2012																						
2013	688	7.1	(6.9 - 7.2)	16,972	7.1	(7.0 - 7.1)	NS	288	7.0	(6.8 - 7.2)	6,927	7.0	(7.0 - 7.1)	NS	400	7.2	(7.0 - 7.4)	10,045	7.1	(7.0 - 7.1)	NS	No
2014	907	7.1	(7.0 - 7.2)	22,172	7.1	(7.0 - 7.1)	NS	370	7.2	(7.0 - 7.3)	9,527	7.0	(7.0 - 7.1)	NS	537	7.1	(6.9 - 7.2)	12,645	7.1	(7.1 - 7.1)	NS	No
2015																						
2016	634	7.1	(6.9 - 7.2)	15,097	7.1	(7.1 - 7.1)	NS	261	7.1	(6.9 - 7.3)	6,610	7.1	(7.0 - 7.2)	NS	373	7.1	(6.9 - 7.2)	8,487	7.1	(7.1 - 7.2)	NS	No
2017																						
2018	636	7.1	(6.9 - 7.2)	14,535	7.1	(7.0 - 7.1)	NS	254	7.0	(6.8 - 7.2)	6,516	7.0	(7.0 - 7.1)	NS	381	7.1	(6.9 - 7.3)	8,006	7.1	(7.0 - 7.1)	NS	No
2019																						
2020	645	7.1	(7.0 - 7.2)	14,694	7.1	(7.1 - 7.2)	NS	302	7.1	(6.9 - 7.2)	6,765	7.1	(7.0 - 7.1)	NS	343	7.1	(6.9 - 7.3)	7,929	7.2	(7.1 - 7.2)	NS	No
<b>Occupational Safety and Health</b>																						
<b>Work-related injury or illness in past year, among employed or recently out of work</b>																						
2011																						
2012																						
2013	206	1.1%*	(0.4 - 3.0)	4,952	4.8%	(3.9 - 5.8)	-	88	0.7%*	(0.1 - 5.0)	2,246	6.1%	(4.8 - 7.7)	NS	118	1.5%*	(0.5 - 4.7)	2,706	3.3%	(2.2 - 4.9)	NS	No
2014	288	4.5%*	(2.3 - 8.6)	6,966	4.9%	(4.1 - 5.9)	NS	134	5.3%*	(2.2 - 12.4)	3,403	5.4%	(4.4 - 6.7)	NS	154	3.6%*	(1.5 - 8.5)	3,563	4.3%	(3.1 - 6.0)	NS	No
2015	205	7.1%*	(3.3 - 14.6)	5,434	5.7%	(4.7 - 6.8)	NS	92	10.7%*	(4.4 - 23.8)	2,727	7.1%	(5.6 - 9.0)	NS	113	3.1%*	(0.8 - 11.0)	2,707	3.9%	(2.9 - 5.3)	NS	No
2016	89	6.3%*	(1.8 - 19.5)	2,213	4.3%	(3.2 - 5.8)	NS	**	**	**	1,091	5.5%	(3.8 - 7.9)	**	**	**	**	1,122	3.0%	(1.8 - 4.8)	**	**
2017	200	4.8%*	(2.2 - 10.2)	4,448	4.8%	(3.9 - 5.9)	NS	107	8.2%*	(3.7 - 17.1)	2,326	5.7%	(4.4 - 7.5)	NS	93	0.0%*	(0.0 - 0.0)	2,122	3.5%	(2.5 - 5.0)	-	Yes
2018																						
2019																						
2020																						
<b>Health Literacy</b>																						
<b>Very easy to get needed advice or information about health or medical topics</b>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	541	72.5%	(67.1 - 77.4)	13,023	73.6%	(72.3 - 74.8)	NS	221	68.5%	(59.9 - 75.9)	5,525	71.0%	(69.0 - 72.9)	NS	320	76.5%	(69.3 - 82.4)	7,498	75.9%	(74.3 - 77.5)	NS	No
2017	553	68.7%	(63.4 - 73.5)	12,368	74.7%	(73.4 - 75.9)	NS	237	68.5%	(60.1 - 75.8)	5,429	73.2%	(71.3 - 74.9)	NS	316	68.9%	(62.1 - 74.9)	6,935	76.0%	(74.4 - 77.6)	NS	No
2018	529	72.1%	(67.1 - 76.7)	12,041	75.3%	(74.1 - 76.5)	NS	208	67.9%	(59.8 - 75.1)	5,208	73.1%	(71.2 - 74.8)	NS	320	76.2%	(70.0 - 81.4)	6,826	77.3%	(75.7 - 78.8)	NS	No
2019	565	68.2%	(62.8 - 73.2)	12,373	71.5%	(70.3 - 72.6)	NS	219	65.2%	(56.2 - 73.2)	5,404	68.9%	(67.2 - 70.7)	NS	346	71.1%	(64.8 - 76.7)	6,969	73.7%	(72.2 - 75.3)	NS	No
2020	541	68.1%	(63.2 - 72.7)	12,294	70.5%	(69.3 - 71.7)	NS	234	67.2%	(59.5 - 74.1)	5,490	67.7%	(65.8 - 69.5)	NS	307	69.0%	(62.4 - 74.9)	6,804	73.2%	(71.5 - 74.8)	NS	No
<b>Very easy to understand information that medical professions tell you</b>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	590	56.6%	(51.1 - 62.0)	14,129	59.1%	(57.8 - 60.4)	NS	239	54.8%	(46.3 - 63.0)	6,127	55.8%	(53.8 - 57.8)	NS	351	58.5%	(51.3 - 65.3)	8,002	62.2%	(60.5 - 64.0)	NS	No
2017	607	54.9%	(49.9 - 59.9)	13,583	59.6%	(58.2 - 60.8)	NS	270	49.8%	(42.3 - 57.3)	6,099	56.4%	(54.5 - 58.3)	NS	337	60.1%	(53.4 - 66.4)	7,479	62.6%	(60.8 - 64.3)	NS	No
2018	581	59.5%	(54.5 - 64.4)	13,319	61.2%	(60.0 - 62.5)	NS	233	57.6%	(49.8 - 65.1)	5,923	57.8%	(55.9 - 59.6)	NS	347	61.3%	(54.9 - 67.4)	7,387	64.6%	(62.9 - 66.2)	NS	No
2019	632	54.4%	(49.3 - 59.4)	13,778	58.8%	(57.6 - 60.0)	NS	251	51.6%	(43.8 - 59.3)	6,167	54.1%	(52.4 - 55.9)	NS	381	57.2%	(50.7 - 63.4)	7,611	63.2%	(61.6 - 64.8)	NS	No
2020	589	55.0%	(50.1 - 59.9)	13,290	58.4%	(57.1 - 59.7)	NS	272	48.4%	(41.5 - 55.4)	6,034	55.1%	(53.2 - 56.9)	NS	317	61.4%	(54.6 - 67.8)	7,256	61.6%	(59.8 - 63.3)	NS	No
<b>Very easy to understand written health information</b>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	548	55.6%	(49.9 - 61.2)	12,945	59.7%	(58.3 - 61.0)	NS	221	49.0%	(40.2 - 57.8)	5,491	55.1%	(53.0 - 57.2)	NS	327	62.3%	(55.0 - 69.1)	7,454	63.9%	(62.1 - 65.7)	NS	No
2017	557	54.2%	(48.9 - 59.3)	12,370	59.6%	(58.3 - 61.0)	NS	243	49.9%	(42.0 - 57.9)	5,422	55.0%	(53.0 - 57.0)	NS	314	58.2%	(51.3 - 64.7)	6,944	63.9%	(62.1 - 65.7)	NS	No
2018	516	60.6%	(55.3 - 65.6)	11,984	62.7%	(61.4 - 64.0)	NS	202	54.7%	(46.3 - 62.9)	5,174	58.7%	(56.7 - 60.7)	NS	313	66.2%	(59.7 - 72.2)	6,804	66.4%	(64.7 - 68.1)	NS	No
2019	558	55.9%	(50.5 - 61.2)	12,338	60.9%	(59.6 - 62.1)	NS	221	54.3%	(46.0 - 62.4)	5,376	55.7%	(53.8 - 57.6)	NS	337	57.3%	(50.4 - 64.0)	6,962	65.6%	(63.9 - 67.2)	NS	No
2020	545	52.4%	(47.3 - 57.4)	12,058	60.0%	(58.6 - 61.3)	-	245	48.9%	(41.5 - 56.3)	5,348	56.0%	(54.0 - 57.9)	NS	300	55.6%	(48.5 - 62.4)	6,710	63.6%	(61.8 - 65.4)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>	
	Central District			State of NE			Central District			State of NE			Central District			State of NE				
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>

Note: Central District Health Department includes the three county LHD region of Hall, Hamilton, and Merrick Counties

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being landline only

Note: The results in this table may be slightly different than results in previously published reports and tables due to differences in the software used, how the statistical analysis code was written, or suppression rules; these results were analyzed using SAS and SAS-callable SUDAAN software

<sup>a</sup> Non-weighted sample size among adults 18 and older (unless different age group noted)

<sup>b</sup> Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

<sup>c</sup> Low and High are the lower and upper limits of the 95% confidence interval, respectively

<sup>d</sup> Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

<sup>e</sup> Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; Note: small sample size for males or females can make interpreting significance difficult due to large confidence intervals

<sup>^</sup> Reflects a Nebraska Healthy People 2020 (HP2020) measure

\* Unstable estimate, use data with caution; relative standard error  $\geq$  30% or confidence interval half-width  $\geq$  10.0

\*\* Data suppressed due to sample size < 50 respondents

<sup>^</sup> Visible data are not comparable to earlier years due to changes in question wording

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); December 2021

